



Whole Body Health

WITH DR. SALEEBY

FLCCC
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www.flccc.net/wholebodyhealth

POLYPHARMACY

Pharmaceuticals & Nutraceuticals

Not intended as Medical Advice

- This lecture is informational only and not intended to diagnose or suggest treatments to any individual listening to this lecture.
- We advise you to seek medical direction with your licensed primary care provider.

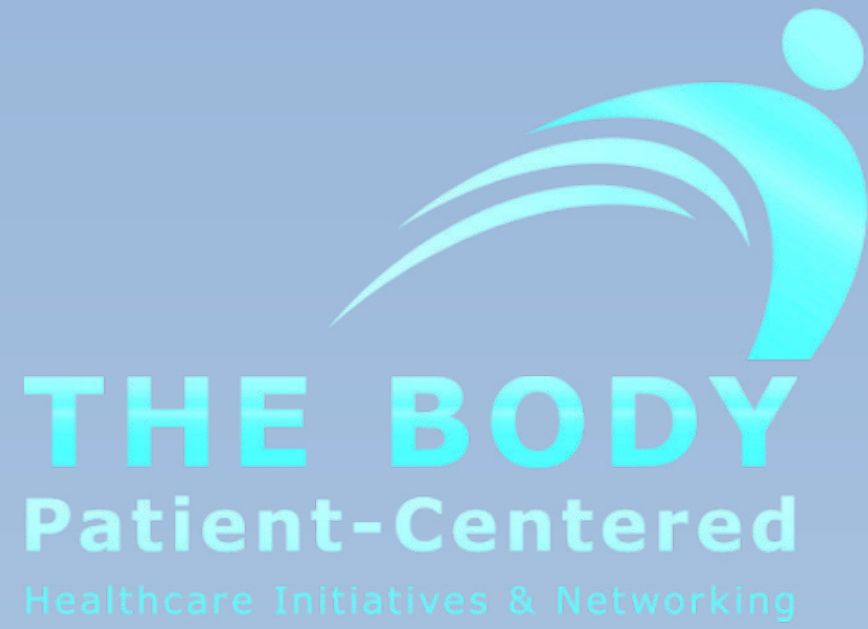
What is Polypharmacy

1. Having more than 2 medications that you take
2. Having more than 5 dietary supplements you take
3. Concerns over Drug-Drug interactions
4. Concerns over Supplement-Supplement interactions
5. Redundancy can sometimes cause toxicity

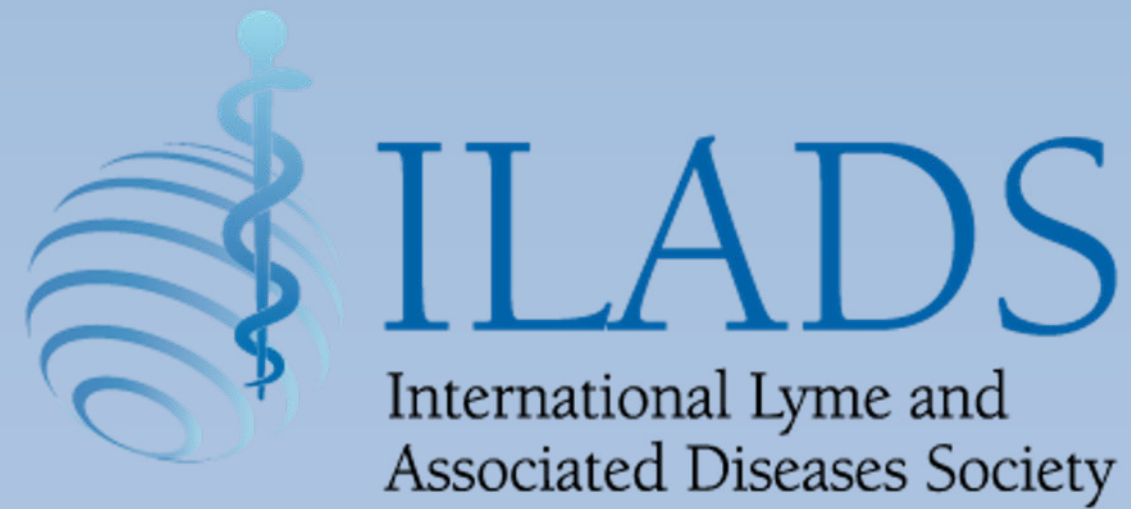
How to protect yourself

1. www.drugs.com/drug_interactions.html
2. www.webmd.com/interaction-checker/default.htm
3. www.reference.medscape.com/drug-interactionchecker
4. www.hellopharmacist.com/drug-herbal-interactions
5. www.nccih.nih.gov/health/providers/digest/herb-drug-interactions
6. www.rmhiherbal.org/review/2004-3.html
7. www.nccih.nih.gov/health/providers/digest/herb-drug-interactions-science
8. www.naturalmedicines.therapeuticresearch.com/tools/charts/drug-supplement-interactions.aspx
9. www.peoplespharmacy.com
10. www.rxlist.com/drug-interaction-checker.htm
11. www.druginteractionchecker.com

How to Find a DPC/rFxMed practice that may help



How to Find a DPC/rFxMed practice that may help



HOW TO
STARVE CANCER

REACT¹⁹

Finding a proper Provider to help with Polypharmacy

- Traditional MSM doctors tend to promote polypharmacy (it is their nature to write multiple prescriptions) – they must be avoided.
- Having multiple specialists (several chefs in the kitchen) with nobody monitoring the “whole” can be dangerous.
- Seek out a provider familiar with synthetic pharmaceuticals AND natural medicines (Botanicals, Herbals, Dietary Supplements, Minerals, Vitamins, ...)
- Have a “Super Generalist” manager your medications and supplements and review often to eliminate redundancy.
- Polypharmacy (drugs) and Nutraceutical Polypharmacy (supplements) can be equally harmful.

The logo for the FLCCC Alliance. The letters 'FLCCC' are in a large, bold, sans-serif font. 'FL' and 'CC' are dark blue, while the middle 'C' is red. Below 'FLCCC', the word 'ALLIANCE' is written in a smaller, red, spaced-out, sans-serif font. The background features a light blue-to-white gradient with a pattern of faint, overlapping hexagons.

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