

Top over-the-counter treatments for Long Vax



Intermittent Fasting



Nattokinase or Lumbrokinase

L-arginine and Vitamin C



Magnesium L-threonate

Sunlight/ Photobiomodulation (PBM)



Resveratrol



Omega-3 EPA/DHA



Probiotics, Nigella Sativa, Berberine, Bromelain, Melatonin, Spermidine



As evidence emerges, we update our protocols to include new therapeutic strategies and change dosing recommendations.

Scan the QR code above to visit our website and ensure you are using the latest versions of the protocol.



Scan the QR code to find a provider

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