




FLCCC Practitioner Pearls for Treating Sepsis

Sepsis

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A blue globe is centered in the background. In the foreground, several blue human figures of varying sizes are standing on a white surface. The text is overlaid on a teal horizontal band across the middle of the image.

**There are around 50 million cases
of sepsis per year globally.
1 in 5 deaths is associated
with sepsis.**

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A close-up photograph of a blue clock face with Roman numerals. The clock is set against a dark teal background. A horizontal teal band is overlaid across the center of the clock face. The text "Sepsis is a time-sensitive disease." is written in white, bold, sans-serif font across this band. The clock's hands are visible, with the hour hand pointing to XII and the minute hand pointing to III. The Roman numerals are black and clearly legible.

Sepsis is a time-sensitive disease.

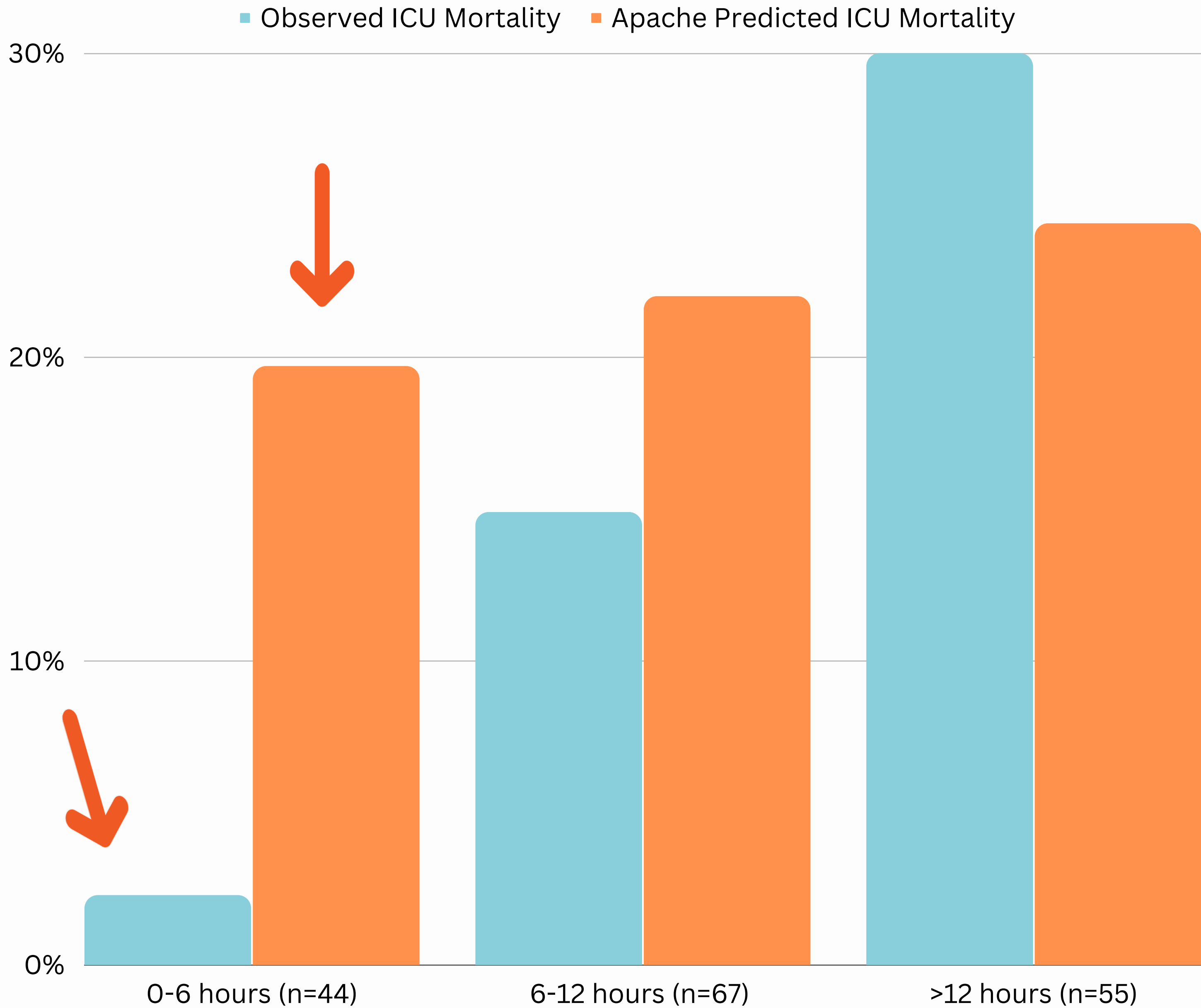
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Treatment should begin before a diagnosis is confirmed.

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TREATMENT MUST BE STARTED WITHIN 10-12 HOURS OF HOSPITAL ADMISSION; BEST WITHIN 6 HOURS



HOURS FROM EMERGENCY DEPARTMENT TRIAGE



**These 8 clinical tips will help you
manage and treat your
hospitalized sepsis patients.**

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1

ANTIBIOTICS

Do not wait for the diagnosis to begin treatment with antibiotics.

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2

To diagnose sepsis, a clinician should check these labs:

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- **Blood cultures**
- **PCT (precalcitonin)**
- **CBC with differential**
- **Ferritin**
- **Electrolyte panel with attention to monitoring**
- **Magnesium**



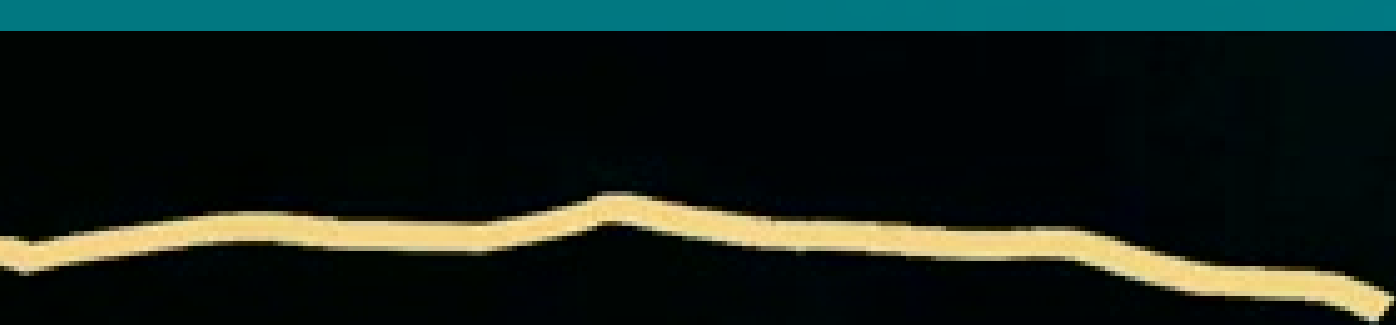
3

It is important to note that too much fluid will increase mortality of the septic patient.

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For the patient that needs support of the vascular system, a norepinephrine infusion is recommended.



30
8

25

06:40 NBP
mmHg



**The FLCCC MHAT
Treatment Protocol
should be used as the guide
for treatment.**

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The FLCCC MHAT Protocol includes:

- **Melatonin**
- **Hydrocortisone**
- **Ascorbic Acid (vitamin C)**
- **Thiamine**



5

Melatonin 6-10 mg every night.

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6

Hydrocortisone 50 mg every 6 hours for 4 days and until the patient is off vasopressors. If treatment is less than 10 days, tapering the dose is not needed.



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**Vitamin C 1.5 gms IV every 6 hrs
for 12-16 IV doses.**

**See our Sepsis Protocol for
more detailed information.**

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**Thiamine 200 mg IV
every 12 hours.**

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For more information on the Sepsis Care Protocol



[https://covid19criticalcare.com/protocol/
sepsis-care/](https://covid19criticalcare.com/protocol/sepsis-care/)

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**For more information about the
nutraceuticals in the MHAT
protocol, see the FLCCC
'From A to Zinc' Nutrient Guide:**



<https://geni.us/flccc-nutrient-guide>

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**Putting Safety and High Quality
Patient Care First.**

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