



The 7 Key Roles of Vitamin C in Sepsis

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1

**Vitamin C is a
free radical scavenger.**

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A microscopic view of cells, likely fibroblasts, showing their characteristic spindle shape and nuclei. The image is overlaid with a semi-transparent teal band across the middle, which contains white text. The overall color palette is dominated by various shades of blue and teal.

It helps reduce oxidation of cellular parts, enzymes, and proteins.

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A hand holding a glass of water with a slice of lemon, a circular icon with the number 2, and a hand holding a yellow pill.

2

Vitamin C is an anti-inflammatory.

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Inflammation is decreased by reducing histamine release and other inflammation pathways.

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**Vitamin C supports the
microcirculation.**

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By supporting the microcirculation with nitric oxide, vitamin C helps preserve the structure of the vascular system.

NOXIDE

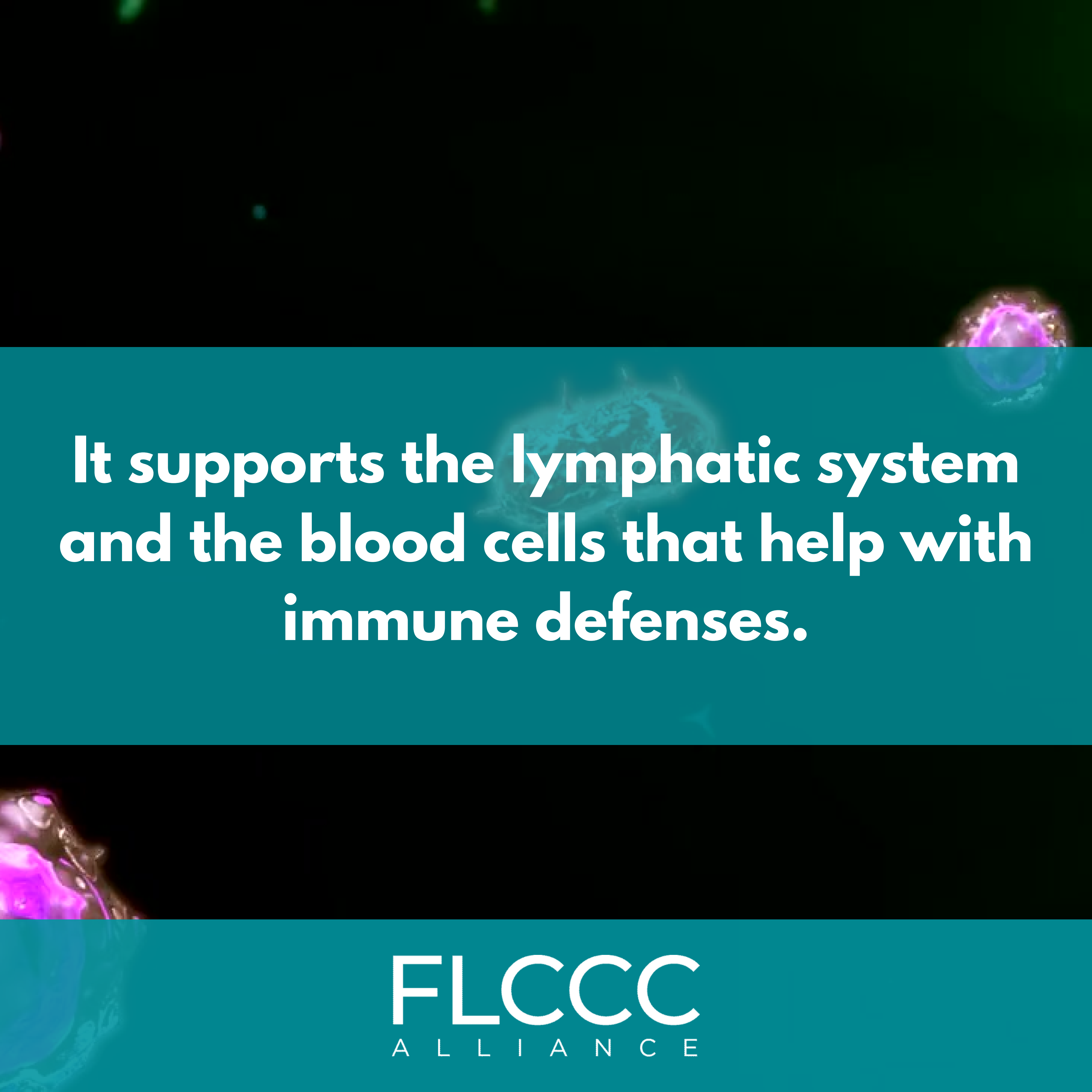
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4

**Vitamin C supports
immune function.**

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A microscopic image of cells, possibly lymphocytes, with a teal overlay. The cells are shown in various stages of activity, with some appearing to be in motion or interacting. The teal overlay is a semi-transparent band across the middle of the image, containing white text.

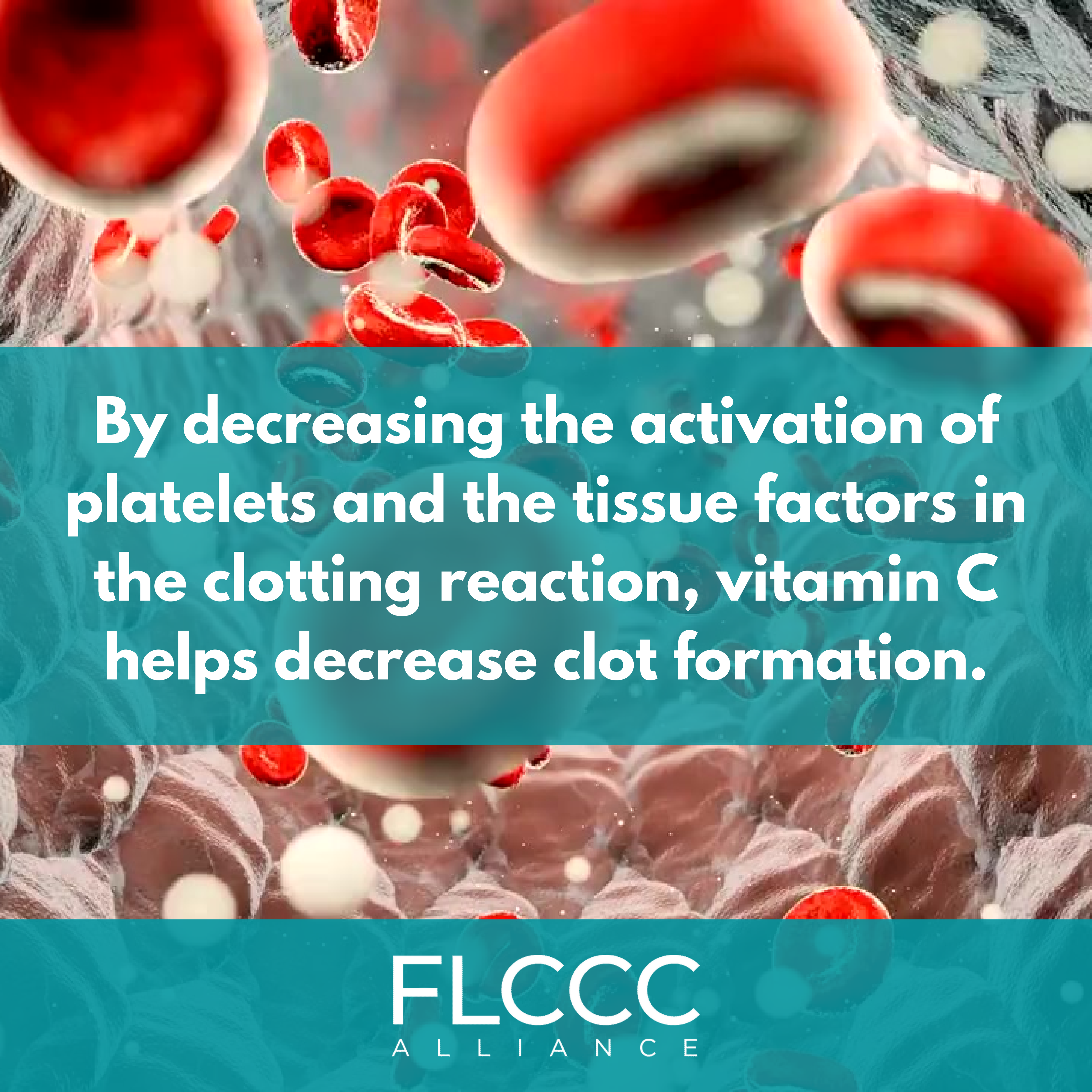
**It supports the lymphatic system
and the blood cells that help with
immune defenses.**

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Vitamin C is an anti-thrombotic.

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A detailed 3D rendering of a blood vessel's interior. The vessel wall is shown as a textured, greyish-brown surface. Numerous red blood cells, depicted as bright red, biconcave discs, are scattered throughout the vessel. Several platelets, which are much smaller and more irregularly shaped, are also visible. The overall scene is set against a soft, reddish-pink background, suggesting the environment of a blood vessel.

By decreasing the activation of platelets and the tissue factors in the clotting reaction, vitamin C helps decrease clot formation.

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Vitamin C helps produce the hormones epinephrine, dopamine, and vasopressin, which support the cardiovascular system.

**It acts as a co-factor in the
synthesis of these hormones.**

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**Vitamin C helps promote
wound healing.**

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**New tissue growth is
stimulated by vitamin C.**

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Always check with a healthcare provider or dietician first before starting new treatments or supplements.

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For more information on our Sepsis Protocol:



[https://covid19criticalcare.com/
protocol/sepsis-care/](https://covid19criticalcare.com/protocol/sepsis-care/)

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**See the
'From A to Zinc Nutrient Guide' for
more information on vitamin C.**



<https://geni.us/flccc-nutrient-guide>

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