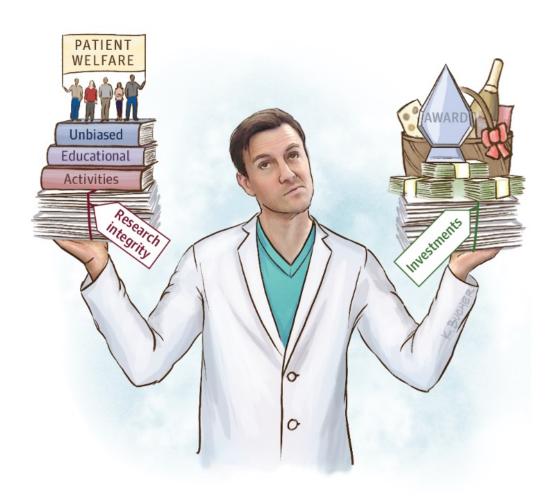


I-RECOVER POST-VACCINE TREATMENT PROTOCOL

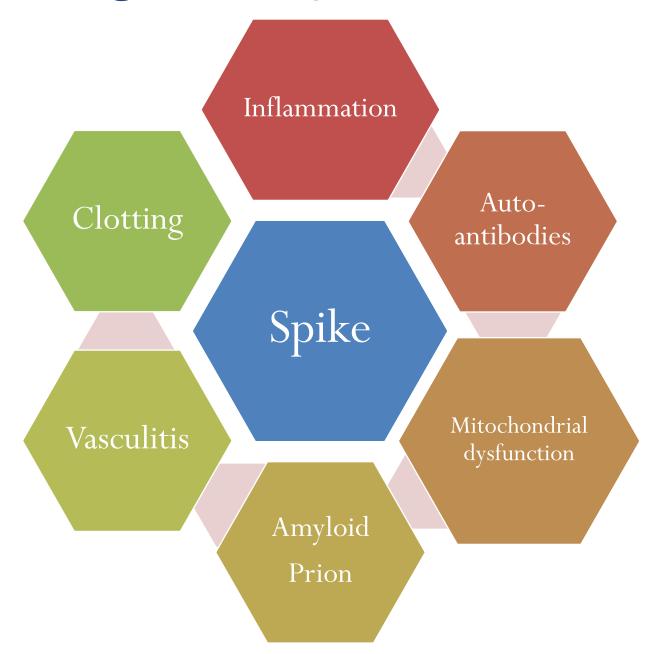
Conflicts of Interest



Executive Summary

- 1. "Vaccine" kills 2 per 1,000 (estimated 500,000 killed in America)
- 2. "Vaccine" has killed 30 per 1,000 of 65 and older
- 3. "Vaccine" has killed more people than the COVID virus by at least 5:1
- 4. On average 8% of recipients of these "vaccines" have suffered a serious adverse event
- 5. Vaccination during the first trimester results in a miscarriage rate of over 80%
- 6. Vaccination has led to a decline in new births (fertility rate) of about 20% across the globe

Pathogenesis: "Spike" Induced Disease



Autopsy and histopathology of deaths to due COVID-19 vaccinations, conducted at Reurtlingen

- International team of 10 pathologists, coroners, biologists, chemists, physicists
- Studies of 51 deceased and 4 living patients
 - 26 men, 25 women
 - Age range 21 to 97 years; median 66 years
 - Death occurred 7 days to 6 months after most recent injection
 - Vaccines: Pfizer/BioNTech 8, Moderna 2, Janssen 1, AstraZeneca 2, unknown 2

Specific organ and tissue lesions

Small Vessels

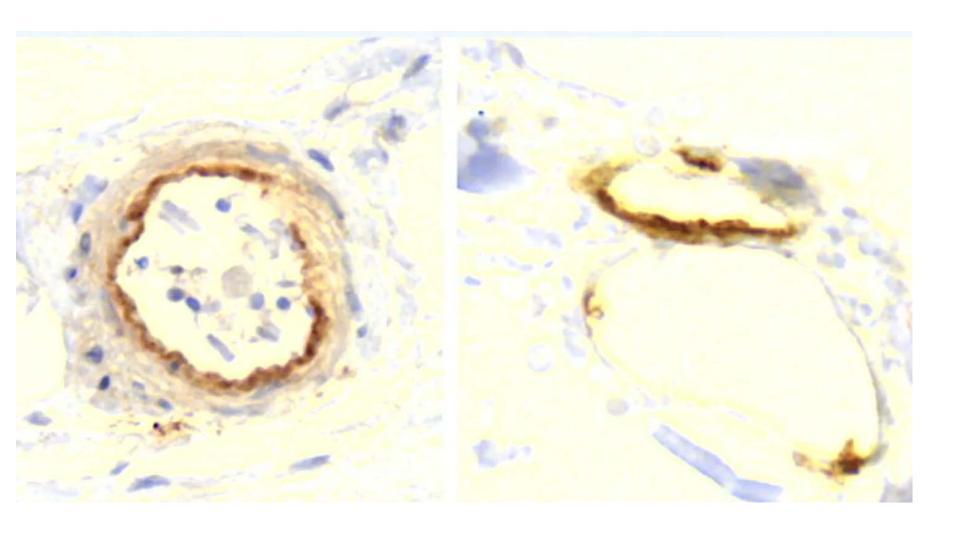
- Endothelialitis, most prominently in heart, lungs and brain
- Complex formation of amyloid-spikeprotein-fibrin in vessels
- Platelet aggregates and microthrombi
- Occlusion of vessels

Specific organ and tissue lesions

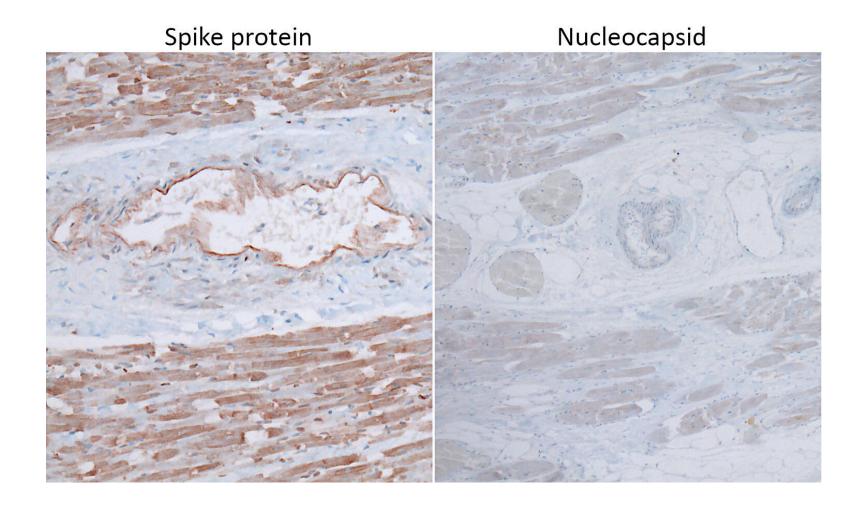
Large Vessels

- Disrupted wall structure of aorta and coronary arteries with lymphocytic vasculitis
- Endothelial damage break –up of atheromatous plaques
- Medionecrosis/dissection
- Perpetration (5 cases)
- Thrombotic casts without erosion of atherosclerotic lesions

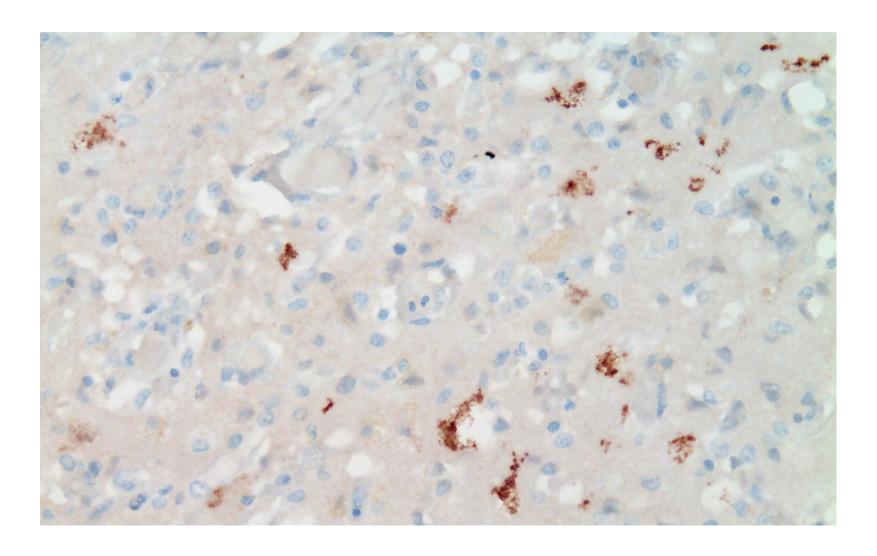
Spike endothelialitis



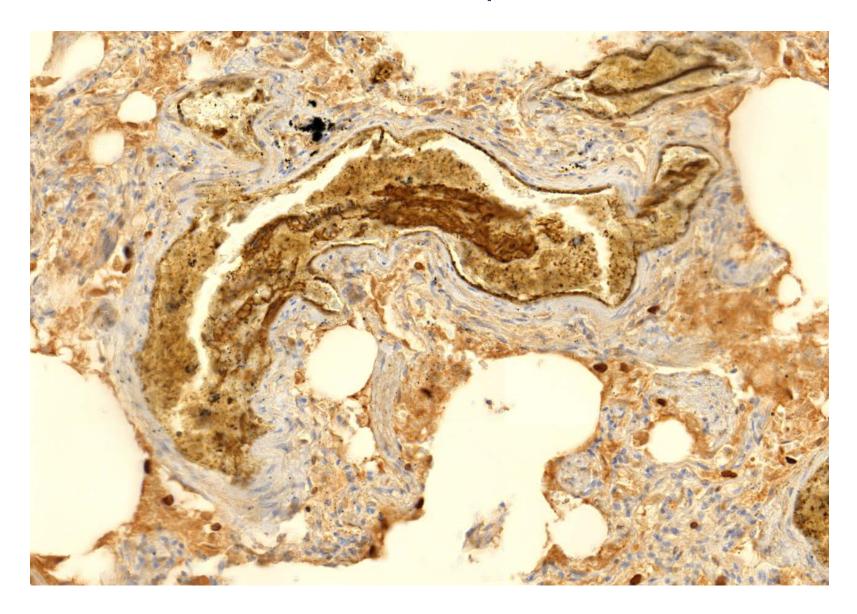
Spike protein vs. nucleocapsid expression in heart muscle



Spike Protein in Brain Tissue



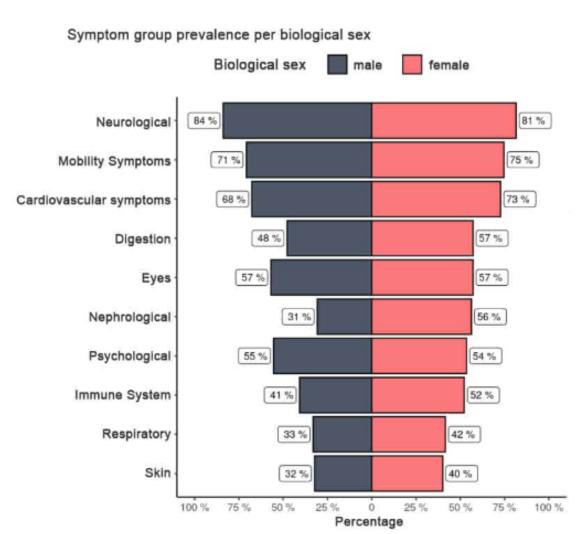
Intravascular Thrombus-Spike Protein Positive





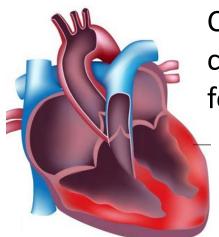
Post Vaccine Syndrome Survey Results

by ReAct19 | Aug 8, 2022 | Physician Resources, Published Science, Research Studies & Surveys | 0 comments

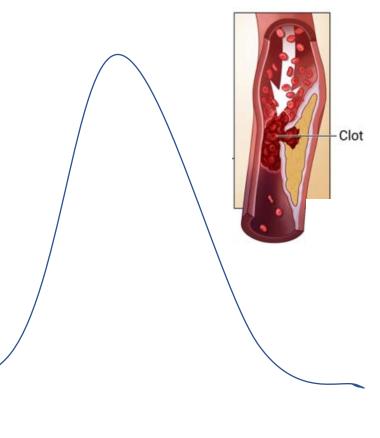


Revised time Course of Vaccine Deaths

Major vessel thrombosis

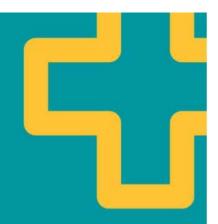


Catecholamine induced coagulative necrosis followed by myocarditis



Day 1-14

4-6 Months

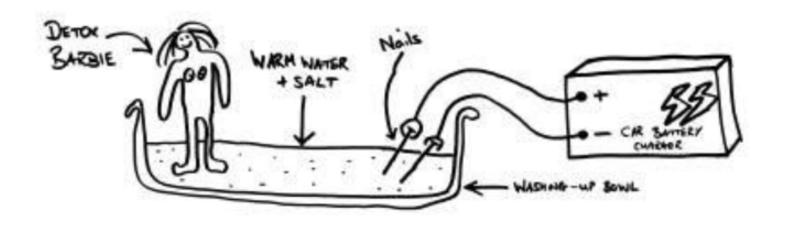


I-RECOVER POST-VACCINE TREATMENT

An approach to managing post-vaccine syndrome

January 2023

The "inventors" of the mRNA technology have not developed an antidote



In terms of human biochemistry "detox" is a meaningless concept

- Dr Ben Goldacre



General Approach to Treatment

Eliminate Spike

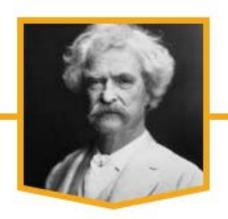
- Promote Autophagy
- Nattokinase

Limit Spike induced pathology

- Inflammation
- Clotting & microvascular injury
- Mitochondrial dysfunction

Summary of Suggested Therapies

First-Line Therapies (Not symptom specific; listed	Adjunctive/Second-Line Therapies	Third Line Therapies
in order of importance)	(Listed in order of importance)	
Intermittent daily fasting or periodic daily fasts	Magnesium; 100-400 mg daily	Hyperbaric oxygen therapy
Ivermectin; 0.2-0.3 mg/kg daily	N-acetyl cysteine (NAC); 600-1500 mg/day	Low Magnitude Mechanical Stimulation (LMMS or Whole-Body Vibration)
Moderating physical activity	Cardio Miracle™ and L-arginine/L- citrulline supplements	"Mitochondrial energy optimizer"
Low-dose naltrexone (LDN); 1- 4.5 mg daily	Omega-3 fatty acids; we suggest a combination of EPA/DHA with an initial dose of 1 g/day (combined EPA and DHA) and increasing up to 4 g/day (of the active omega-3 fatty acids)	Hydroxychloroquine (HCQ); 200 mg twice daily for 1-2 weeks, then reduce as tolerated to 200 mg/day
Resveratrol; 400-500 mg daily	Sildenafil with or without L-arginine- L-Citrulline	Low dose corticosteroid; 10- 15 mg/day prednisone for 3 weeks. Taper to 10 mg/day and then 5 mg/day, as tolerated
Melatonin; 2-6 mg slow release/extended release prior to bedtime	Nigella sativa; 200-500 mg encapsulated oil twice daily	
Aspirin; 81 mg daily	Vitamin C; 1000 mg orally two to three times a day	
Methylene blue; 10-30 mg daily	Vitamin D (4000-5000 units/day) and Vitamin K2 (100 mcg/day)	
Sunlight and Photobiomodulation (PBM)	Fluvoxamine; 50 mg twice daily	
Probiotics/prebiotics	Non-invasive brain stimulation (NIBS)	
Spermidine; 1000-2000 mg (wheat germ extract) daily	Intravenous Vitamin C; 25 g weekly, together with oral Vitamin C 1000 mg (1 gram) 2-3 times per day	
	Behavioral modification, relaxation therapy, mindfulness therapy, and psychological support	



66

"A little starvation can really do more for the average sick man than can the best medicines and the best doctors."

Mark Twain 1835-1910

BENEFITS OF INTERMITTENT FASTING

Autophagy

Burn Fat & Lose Weight

Research shows that weekly fasting can trigger weight loss up to 8 percent and waist shrinkage of up to 7%, meaning that fasting is especially useful for losing belly fat.

Balances Insulin Levels

Increases HGH

(HGH) is a hormone made in the pituitary gland that leads to low levels of body fat and lean muscle mass. Initial research shows that fasting on a regular basis can boost the amounts your body makes, leading to improvements in your physique.

Reduces Inflammation

Chronic inflammation is a trigger for dozens of lifestyle diseases like strokes and heart problems, but intermittent fasting seems to keep inflammation in check by triggering your cells to break it down before it begins to build up.

Balances Blood Sugar

Enhances The Immune System

Reduces Risk of Chronic Disease

Scientific evidence shows that cutting your daily caloric intake by a third can extend your lifespan by over a decade, and intermittent fasting is an easy way to start cutting calories.



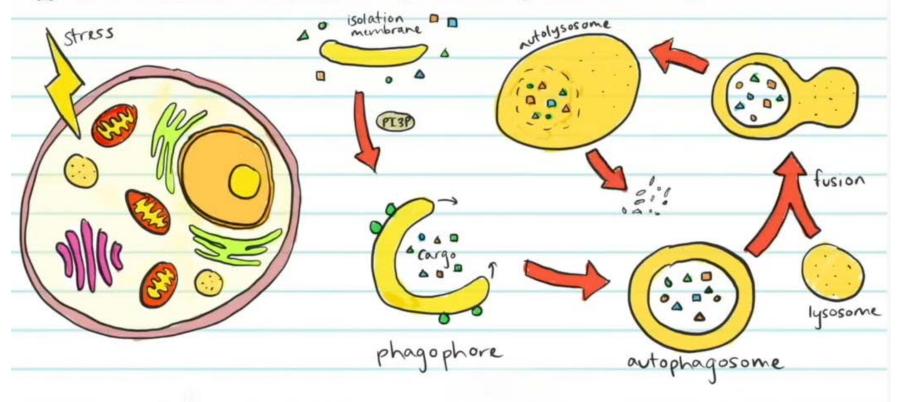
au·toph·a·gy

"self-eating"

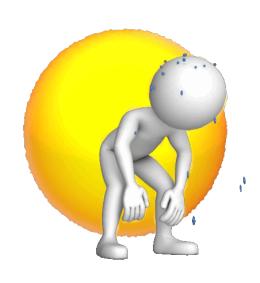




MACROAUTOPHAGY



The Curative Power of the Sun



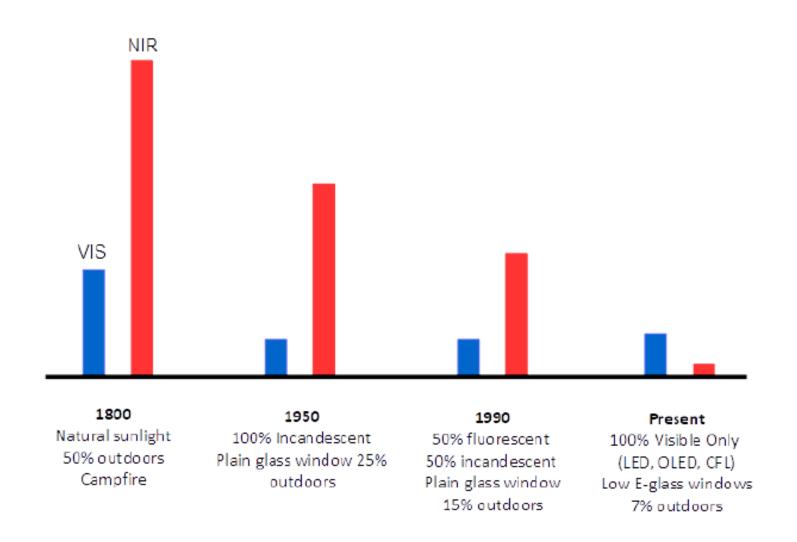
THE OPEN AIR TREATMENT OF INFLUENZA.

WILLIAM A. BROOKS,
Surgeon-General, Massachusetts State Guard.



"A few medicines were used to relieve the patients' symptoms and aid their recovery, but these were considered less important than were regular meals, warmth, and plenty of fresh air and sunlight."

NIR human exposure is deceasing over the last century



I-RECOVERSM

POST-VACCINE TREATMENT PROTOCOL

