I-MASS
Prevention & At Home Treatment
Mass Distribution Protocol for COVID-19

Prevention Protocol
For adults > 18 years and > 40 kg/90 lbs

Ivermectin 18 mg – start treatment with one dose on day 1, and then repeat weekly (every 7 days)

Vitamin D3 2000 IU (50 mcg) daily

Multivitamin 1 tablet daily

Digital thermometer optional (to watch the body temperature)

Early At Home Treatment Protocol
For adults > 18 years and > 40 kg/90 lbs

Ivermectin 24 mg – daily for 5 days
In the setting of poor clinical response, advanced disease, or obesity, higher doses should be used (target 0.4–0.6 mg/kg)

Melatonin 6 mg at night for 5 days

Aspirin (ASA) 80 mg/day (unless contraindicated)

Anti-septic mouth wash Three times daily (gargle do not swallow); if available

Post-exposure Prevention
For household or close contacts of a COVID-19 patient

Ivermectin 18 mg – repeat dose in 48 hours

The I-MASS protocol has been developed for Mass Distribution during regional outbreaks or in resource poor countries to lessen the impact and spread of COVID-19.

Ivermectin
Ivermectin has been found to have highly potent anti-viral and anti-inflammatory properties and many randomized trials and data from countries that have adopted ivermectin all show large reductions in time to recovery, hospitalizations and death. The FLCCC review paper summarizing this data has been published in the American Journal of Therapeutics here.

Further supportive information can also be found here: www.flccc.net/ivermectin-in-covid-19/

Disclaimer: The safety of ivermectin in pregnancy has not been established. Particularly the use in the 1st trimester should be discussed with your doctor beforehand.

Further treatment protocols for COVID-19, including for hospitalized patients, can be found at flccc.net/covid-19-protocols/