



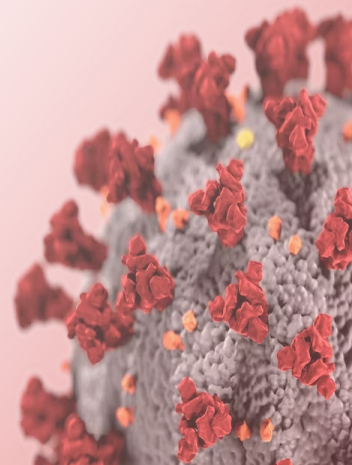
UNDERSTANDING & TREATING SPIKE PROTEIN-INDUCED DISEASES

October 14-16, 2022 • Orlando, Florida

Diagnosis and Management of Endocrinological Indications

Presented By:

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Board certified endocrinologist



Diagnosis and Management of Endocrinological Indications

Conflicts of interest

Classical definition: **NONE**

'Amplified' definition:

1. Author of the book “New Perspectives on Overtraining Syndrome in the Athlete” – Springer Nature – 1st edition – November/2021
2. Current or previous consultant or part of the advisory board, *pro bono* or not, related or unrelated to the content of the present lecture: Novo Nordisk, Lilly, Anvisa (Brazilian Health Agency), Applied Biology Inc, TJDF (Department of Justice – state of Distrito Federal), TJBA, (Department of Justice – state of Bahia), Câmara dos Deputados (Lower House of the Brazilian Parliament), Vitamedic (Ivermectin manufacturer)
3. Senior Editor (Scientific Chief) of BMC Endocrine Disorders (Nature), Guest Editor of BMC Sports Science, Medicine, and Rehabilitation (Nature), Frontiers in Endocrinology, and Frontiers in Medicine
4. Reviewer for more than 30 medical journals and 150 scientific articles
5. Hypothesis defended in previous articles: a. Markers, predictors and triggers of chronic fatigue; b. Vitamin D as an immune modulator; c. Aggressive combined repurposed pharmacotherapy with other modalities for obesity – to prevent bariatric surgery; d. Overtraining as not being the cause of overtraining syndrome, but a combination of factors instead, and proposal of a renaming for the syndrome, to Paradoxical Deconditioning Syndrome (PDS); e. Inexistence of a disease called ‘Adrenal Fatigue’ since the root cause is not in the adrenals; f. Changes in the hormonal reference ranges for athletes; among other hypotheses.
6. Regular prescriber (when medically indicated) of GLP-1 analogues, SGLT-2 inhibitor, biguanide (metformin), male and female hormonal replacement therapy, low-dose stimulants, anti-depressants and anxiolytics, phytotherapies, LDN, vitamin D, optimized supplementation, whey protein, resisted physical activity (weight lifting), etc
7. Founder and CEO of Corpometria Institute

Diagnosis and Management of Endocrinological Indications

Objectives

- 1 - The effects of SARS-CoV-2 spike protein reservoirs on hormones and metabolism: impacts in the pituitary, adrenals, thyroid, pancreas, liver, testicles, ovaries, parathyroids, hypothalamus, intestine, muscles, fat tissue, and in the nucleotide, glucose, lipids and amino acid metabolism.
- 2 - What should we predict from future epidemics caused by persistent exposure to SARS-CoV-2 spike protein: endocrine conditions are not developed right after the exposure, but in the long term instead.
- 3 - Endocrine and metabolic diseases related to COVID-19 infection and SARS-CoV-2 vaccines, those exclusively related to the vaccines, and those related to the combination between COVID-19 infection and vaccines that were never supposed to happen because vaccines should have never allowed COVID-19 infections and COVID-19 infections should have never been followed by SARS-CoV-2 vaccines.
- 4 - From the best to the worst: different scenarios in 5, 10, and 20 years from now.
- 5 - A practical approach to the person with suspected SARS-CoV-2 spike protein-related diseases in the world of hormones and metabolism: from diagnosis to management.

Diagnosis and Management of Endocrinological Indications

Agenda

1. Challenges to demonstrate causality with SARS-CoV-2 vaccines – what really matters?
2. Literature on endocrine-related SARS-CoV-2 spike protein-induced diseases – methods of search and reflections
3. Documented, confirmed, evidenced, likely, anecdotal, expected, predicted, possible – beyond speculation for diseases of the future in the endocrinology field
4. Fundamental endocrinologic aspects of SARS-CoV-2 spike protein-induced diseases
5. Male gonadal axis
6. Female gonadal axis
7. Endocrine pancreas
8. Thyroid axis
9. Adrenal glands
10. Hypothalamic-pituitary axes
11. Parathyroid, vitamin D, calcium, and bone
12. Fat tissue
13. Incretin system
14. Muscles
15. Practical approach
16. Take-home messages

SARS-CoV-2 spike-related injuries

Introduction – challenges to determine causality

Types of detection to determine that injuries are related to SARS-CoV-2 spike protein:

1. In an individual basis →

- Chronological correlation with vaccines
- New onset, worsening, relapse
- a. Not justified by other causes or
- b. Re-incidence after further re-exposure (additional shots)
- + (slow) improvement with time(+treatment)

2. In a populational level →

- a. Increase in the incidence of new-onset endocrinological and metabolic-related diseases
- b. Atypical reports of endocrine disease presentation (severity, types of manifestations, disease course, complications)

SARS-CoV-2 spike-related injuries

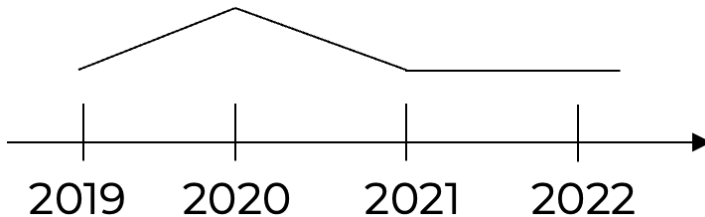
Introduction – challenges to determine causality

→ The 'alibi' against the confirmation of injuries caused by the vaccines will be that it will not be (theoretically) feasible to differentiate post-COVID from post-SARS-CoV-2 vaccine injuries.

→ A more thorough analysis of the prevalence of diseases and mortality:

Scenario 1. Increase from 2019 to 2020, with further reduction from 2021 on → COVID-19 infection-related diseases only.

- COVID-19 infection



SARS-CoV-2 spike-related injuries

Introduction – challenges to determine causality

Scenario 2. Increase from 2019 to 2020 that persisted in 2021 and 2022 →

- a. Diseases related to COVID-19 infection and also related to SARS-CoV-2 vaccine and/or booster
- b. Diseases triggered to COVID-19 infection that persisted throughout time

- Post-COVID

- SARS-CoV-2 vaccines

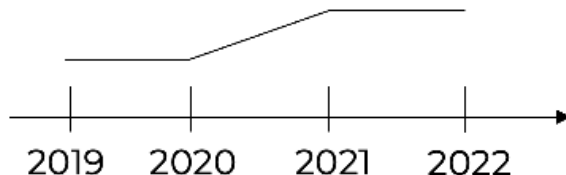


Scenario 3. Increase from 2020 to 2021 that persisted in 2022, with lack of increase from 2019 to 2020 →

- a. SARS-CoV-2 vaccine-triggered diseases (2021) that persisted (2022)
- b. Diseases triggered by the exposure to SARS-CoV-2 vaccine after COVID-19 infection

- SARS-CoV-2 vaccines

- Vaccines+COVID



SARS-CoV-2 spike-related injuries

Introduction – challenges to determine causality

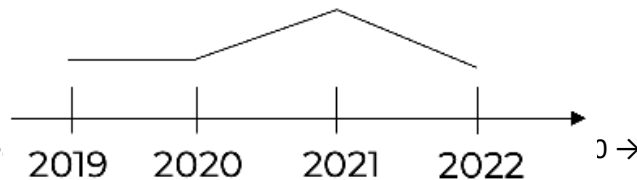
Scenario 4. Increase from 2020 to 2021, with further reduction in 2022 and lack of increase from 2019 to 2020 →

- SARS-CoV-2 vaccine-triggered diseases (2021) that were transitory (2022)
- Temporary diseases triggered by the exposure to SARS-CoV-2 vaccine after COVID-19 infection

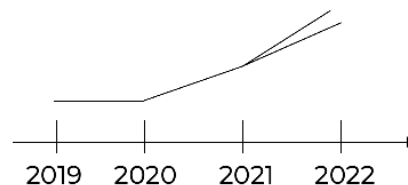
- Transitory SARS-CoV-2 vaccines
- Transitory vaccines+COVID

Scenario 5. Increase from 2020 to 2021, with further increase

- SARS-CoV-2 vaccine-triggered diseases (2021) that was eliminated with boosters (2022)
- Progressive diseases and late-onset triggered diseases by the exposure to SARS-CoV-2 vaccine after COVID-19 infection
- Diseases triggered by COVID-19 infection after SARS-CoV-2 vaccine and booster

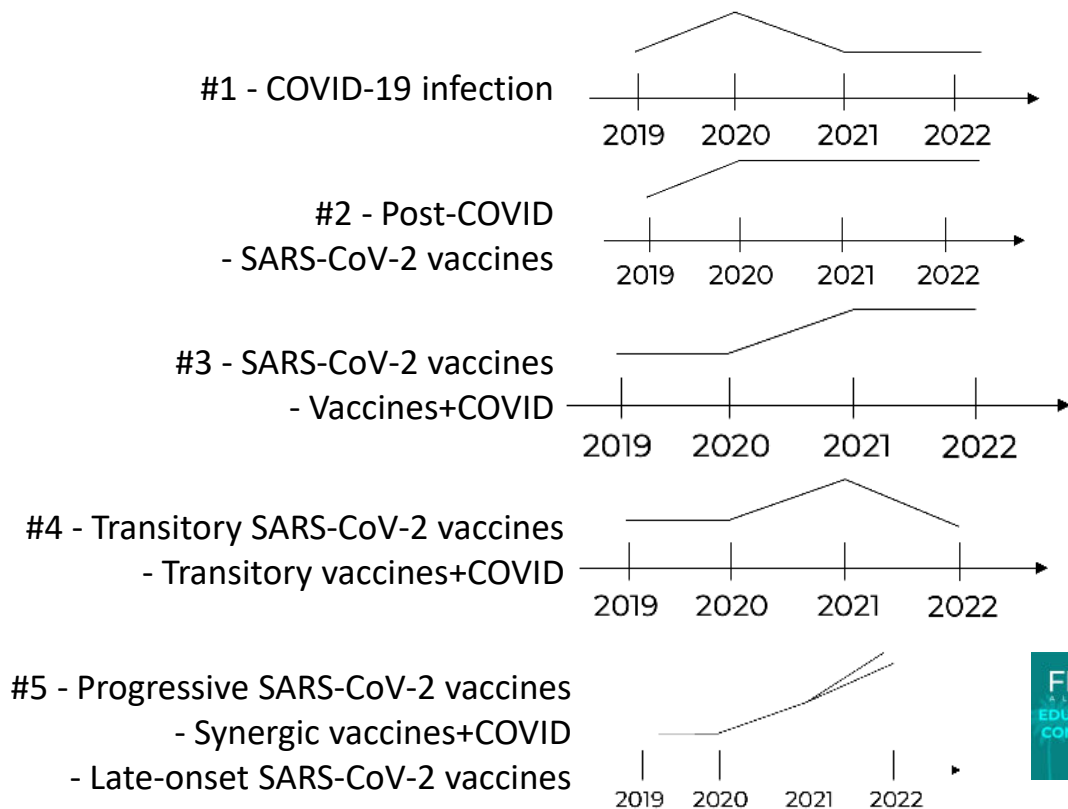


- Progressive SARS-CoV-2 vaccines
- Synergic vaccines+COVID
- Late-onset SARS-CoV-2 vaccines



SARS-CoV-2 spike-related injuries

Introduction – challenges to determine causality



SARS-CoV-2 spike-related injuries

Introduction – challenges to determine causality

All diseases that did not increase from 2019 to 2020, but from 2020 to 2021 on must be blamed on the vaccines:

- a. Vaccines alone
- b. Vaccines+COVID-19

The 'confounding' factors will always take off the responsibilities from vaccines.

SARS-CoV-2 spike-related diseases

Introduction – challenges to determine causality

However, if...the biggest issue are not vaccines alone, but the combination between vaccines+COVID (pre- or post-COVID vaccination)?

1. COVID-19 vaccines do not prevent COVID-19 infection (widely accepted)
2. Misleading trials:
 - a. Vaccination only (lack of vaccine trials among subjects who had COVID-19)
 - b. Short-term effects only
 - c. No active biochemical monitoring
 - d. Lack of monitoring of the 'unexpected' COVID-19 after vaccine and its effects
 - d. Loss of placebo groups for comparison purposes (it was 'ethical' to give vaccines to the placebo group – pretending no further safety surveillance was needed);
 - e. Vaccines were not given to the population studied

SARS-CoV-2 spike-related diseases

Introduction – challenges to determine causality

The complexity of SARS-CoV-2 allows us to conclude that:

1. Safety of vaccines after COVID-19 is unclear

- Specific post-COVID vaccination trials focused on safety profile should've been conducted
- It is unusual to vaccinate to a virus short after its infection
- Safety profile of immunological reactions of the 'combination' is unknown

2. COVID-19 infection after being vaccinated in unexpected

- COVID-19 after getting vaccinated should've led to a massive 'recall'
- It was alleged an almost 100% efficacy to prevent infection (remember?)
- POST-VACCINATION INFECTION IS RARE IN MEDICAL HISTORY
- This should've been considered as A SEVERE ADVERSE EVENT OF VACCINES

3. The unsubstantiated 'guarantees' on the effects the 'novel phenomena'

- Who has ever guaranteed that there are no negative synergistic effects between the disease and vaccines when they're basically overlapped?
- There is strong plausibility to believe that immunological responses should be not only 'over-maximized', but also to become dysfunctional.

4. The unvaccinated population should be the 'group' to be followed.

- COVID-19+vaccine x COVID-19 alone

SARS-CoV-2 spike-related diseases

Methods of search – and reflections

Search in Pubmed + preprints + GoogleScholar

- Suppression of publications against SARS-CoV-2 vaccines: a political goal
- Multiple expressions and combinations

- Which type of vaccine?

1. Intersection of complications – vaccines mixed or not specified
2. Reactions to each type of vaccine

- We are still observing short-term effects:

- The current lack of adverse effects now in a certain tissue does not mean that it is safe in the long term
- The concept of 'reserve' in the Endocrinology field
- In the short term, several aspects may not be affected, but a reserve decreased by SARS-CoV-2 spike protein may become an issue in the future
- Potential examples yet to be observed 'early' somatopause, adrenopause, thyropause, andropause, accelerated aging

SARS-CoV-2 spike-related diseases

Methods of search – and reflections

- We must know where we are now.

→ For each disease and its correlation with SARS-CoV-2 spike protein, it can be:

1. Confirmed
2. Probable/likely
3. Possible
4. Expected
5. Underdiagnosed
6. Long-term, yet to be captured
7. None of the above, but that deserves monitoring (basically everything)

SARS-CoV-2 spike-related diseases

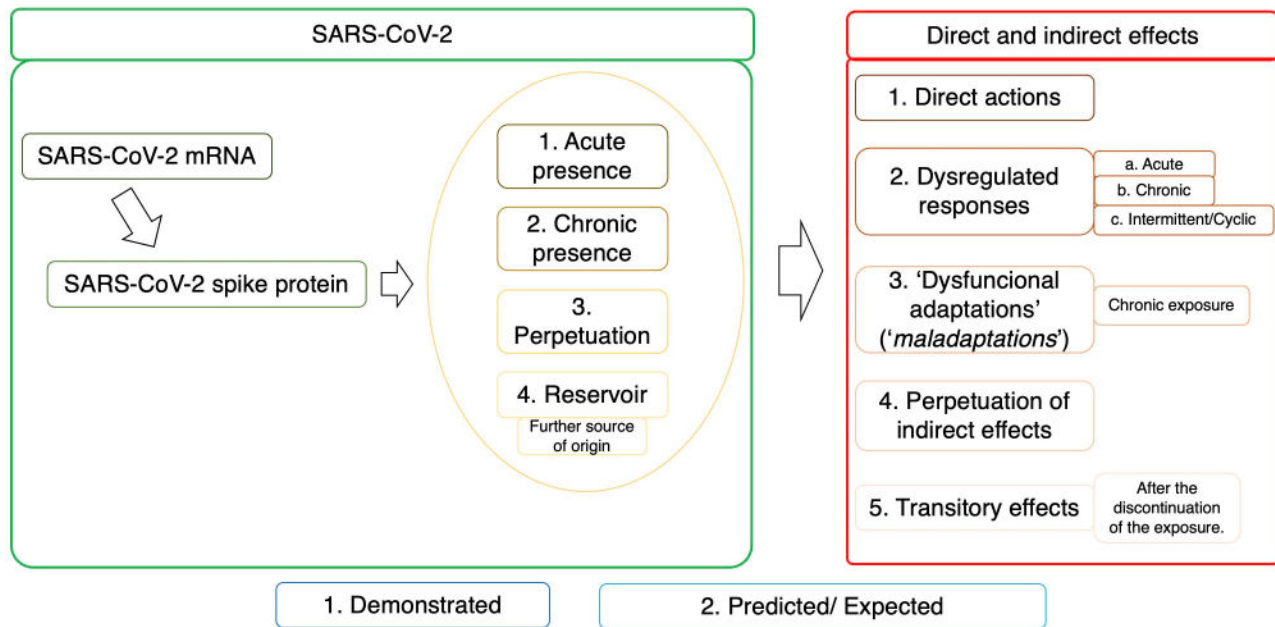
Methods of search – and reflections

- Aspects we must consider when it comes to Endocrinology:
 - Level of surveillance according to the likelihood of developing the disease and the specificity of its manifestations ($\uparrow$ likelihood + $\downarrow$ specificity of symptoms = more active surveillance)
 - Slow progression of endocrine diseases → Example: GHD after athletes' retirement in impact sports.
 - Sub-clinical
 - Clinical but undetectable through basal tests
 - Root cause versus consequences
 - Combination of mild abnormalities – and none of the abnormalities are clinically or biochemically detected – challenges on the diagnosis

Predicting future diseases....
speculative or careful?

SARS-CoV-2 spike-related diseases

Methods of search – and reflections



SARS-CoV-2 spike-related diseases

A representative example of :

1. Methods to explore a hypothesis

2. Multiple levels of hormonal dysregulation

REVIEW ARTICLE  PEER-REVIEWED

 PDF

Catecholamines Are the Key Trigger of COVID-19 mRNA Vaccine-Induced Myocarditis: A Compelling Hypothesis Supported by Epidemiological, Anatomopathological, Molecular, and Physiological Findings

Flavio A. Cadegiani 

Published: August 11, 2022 ([see history](#))

DOI: 10.7759/cureus.27883

Cite this article as: Cadegiani F A (August 11, 2022) Catecholamines Are the Key Trigger of COVID-19 mRNA Vaccine-Induced Myocarditis: A Compelling Hypothesis Supported by Epidemiological, Anatomopathological, Molecular, and Physiological Findings. Cureus 14(8): e27883. doi:10.7759/cureus.27883



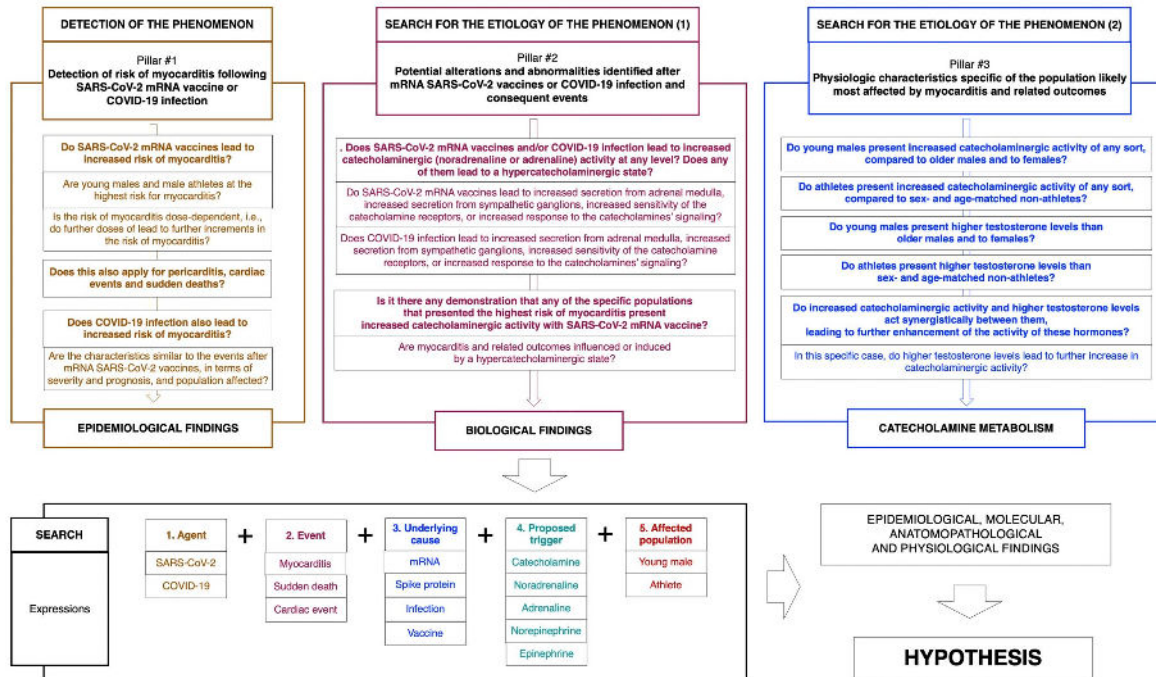
SARS-CoV-2 spike-related diseases

A representative example of :

1. Methods to explore a hypothesis

2. Multiple levels of hormonal dysregulation

Are Catecholamines (Hypercatecholaminergic State) a Key Trigger of SARS-CoV-2 mRNA Vaccine-Induced Myocarditis and Sudden Deaths?



SARS-CoV-2 spike-related diseases

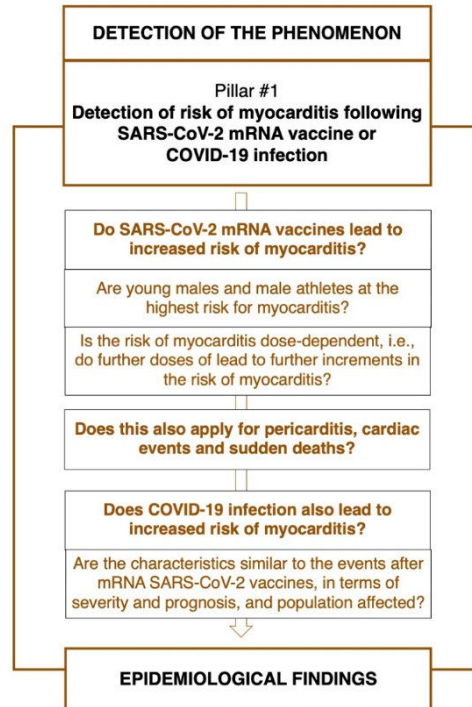
A representative example of :

1. Methods to explore a hypothesis

2. Multiple levels of hormonal dysregulation

1. Is the proposed hypothesis supported by epidemiological data?

1. Phenomenon
2. Specific to the hypothesis
3. Population affected



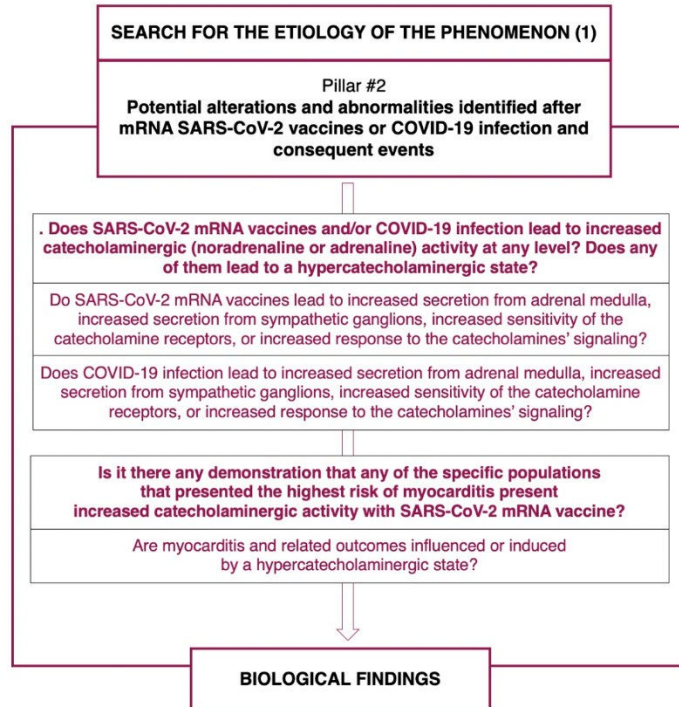
SARS-CoV-2 spike-related diseases

A representative example of :

1. Methods to explore a hypothesis

2. Multiple levels of hormonal dysregulation

2. Is the epidemiologically detected phenomenon supported by the hypothesized reason?



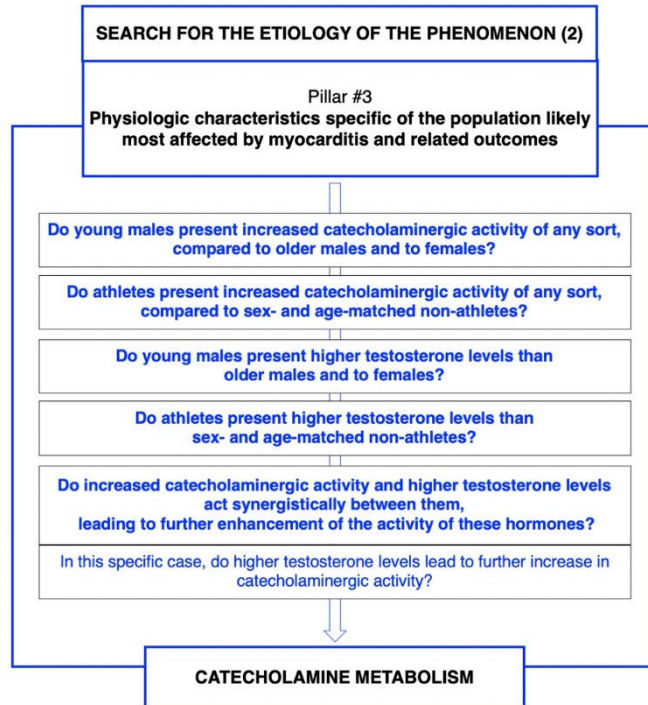
SARS-CoV-2 spike-related diseases

A representative example of :

1. Methods to explore a hypothesis

2. Multiple levels of hormonal dysregulation

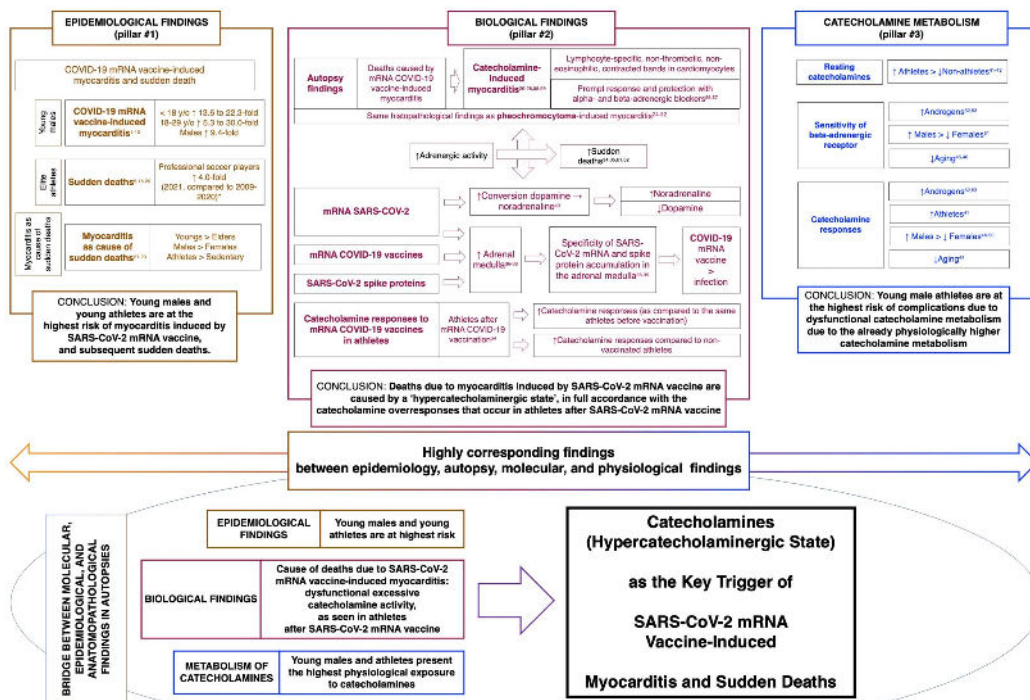
3. Is the population more susceptible to the phenomenon more exposed to the proposed cause?



SARS-CoV-2 spike-related diseases

A representative example of :

1. Methods to explore a hypothesis
2. Multiple levels of hormonal dysregulation



All data contained in this figure is supported by the literature and can be found in the corresponding references

SARS-CoV-2 spike-related diseases

A representative example of :

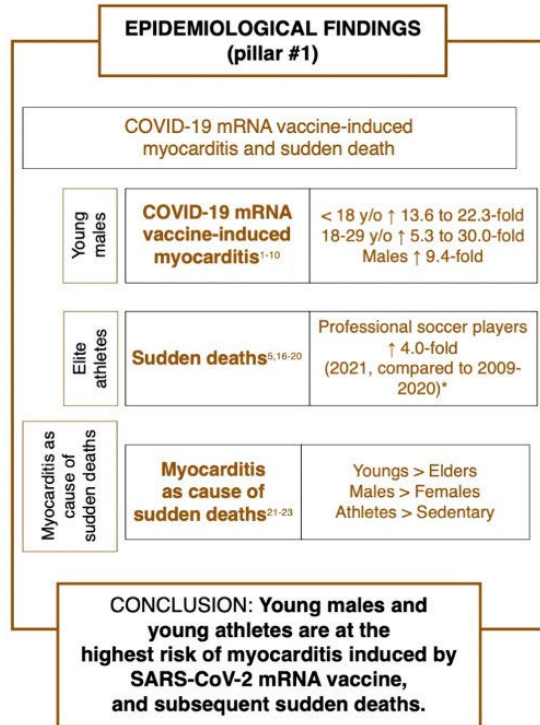
1. Methods to explore a hypothesis

2. Multiple levels of hormonal dysregulation

1. Is the proposed hypothesis supported by epidemiological data?

1. Phenomenon
2. Specific to the hypothesis
3. Population affected

1. The phenomenon is strongly supported by epidemiological data, is specific to the hypothesis and its affected population.



SARS-CoV-2 spike-related diseases

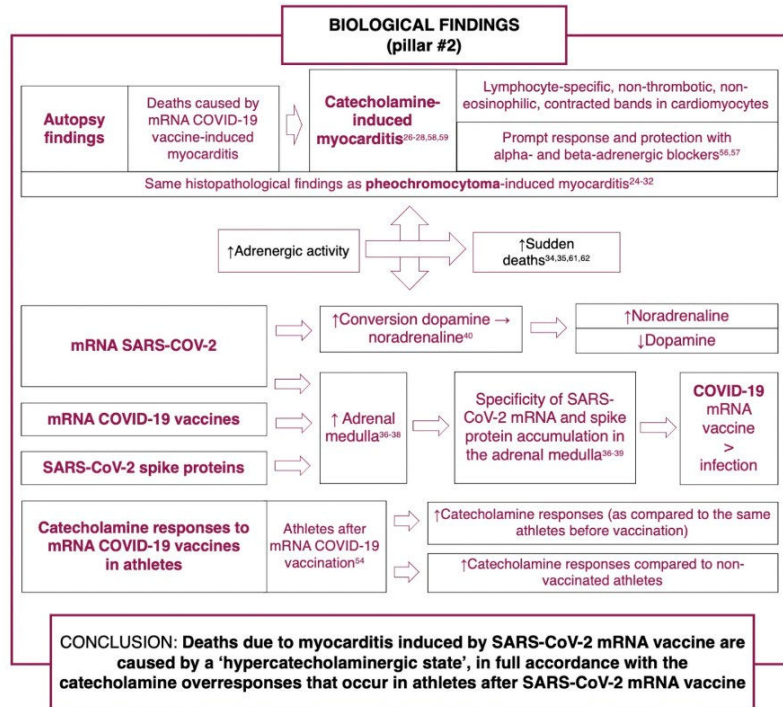
A representative example of :

1. Methods to explore a hypothesis

2. Multiple levels of hormonal dysregulation

2. Is the epidemiologically detected phenomenon supported by the hypothesized reason?

2. The phenomenon has strong data from different sources and aspects that supports the hypothesized reason as the cause for the phenomenon



SARS-CoV-2 spike-related diseases

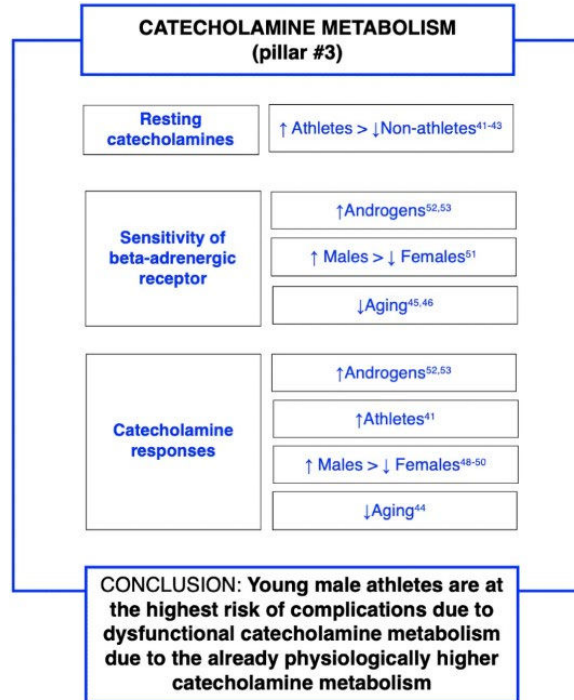
A representative example of :

1. Methods to explore a hypothesis

2. Multiple levels of hormonal dysregulation

3. Is the population more susceptible to the phenomenon more exposed to the proposed cause?

3. The population more susceptible to the phenomenon is undoubtedly the most exposed population to the cause of the phenomenon.

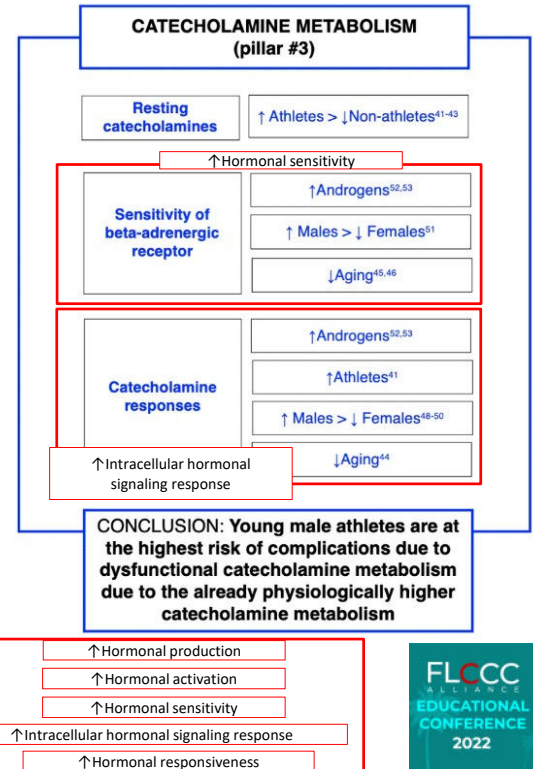
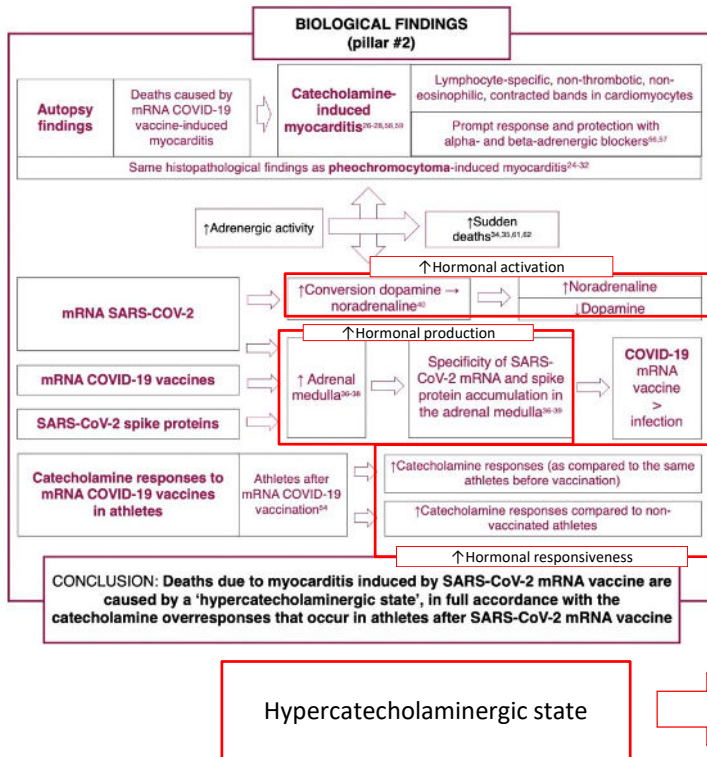


SARS-CoV-2 spike-related diseases

A representative example of :

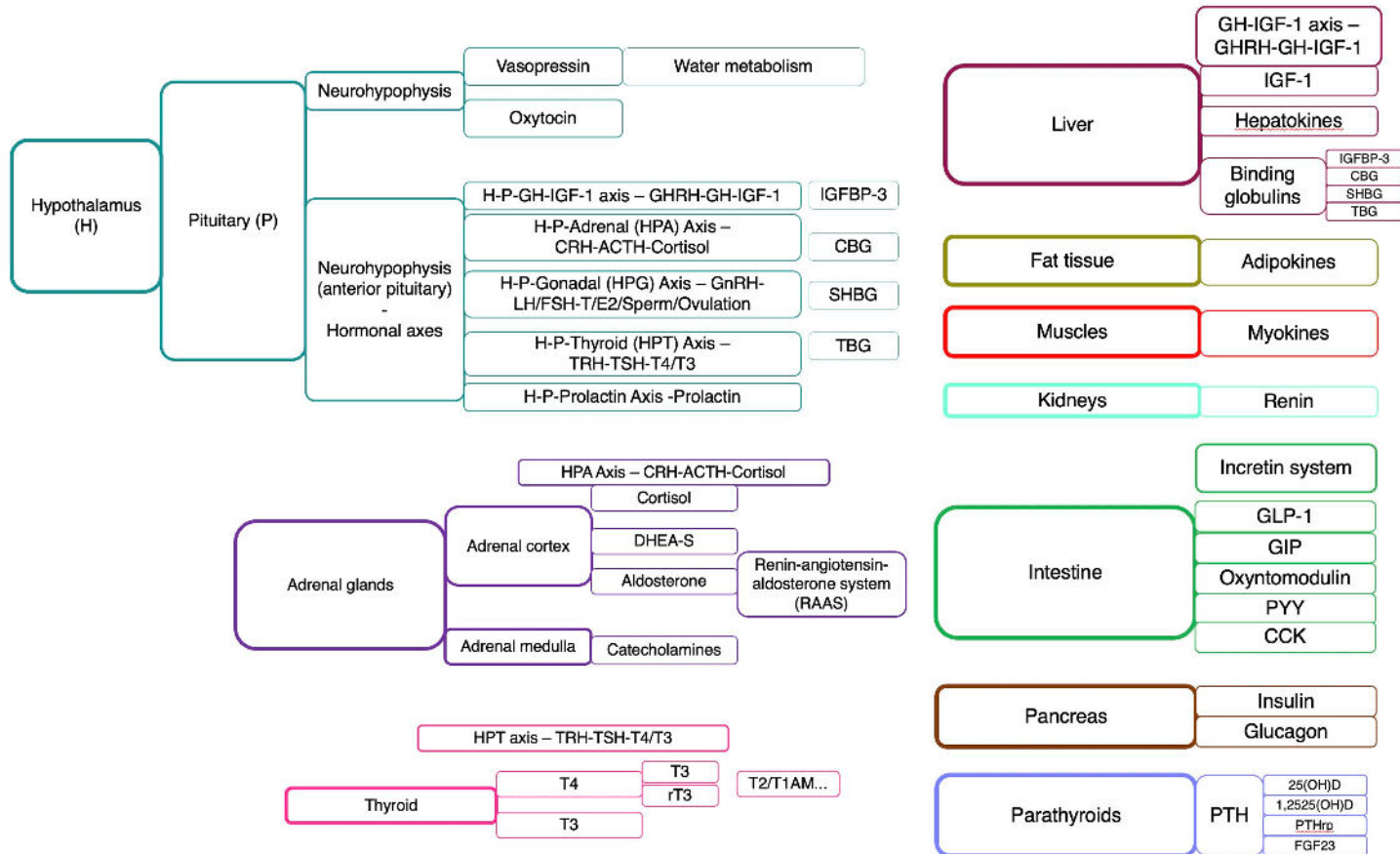
1. Methods to explore a hypothesis

2. Multiple levels of hormonal dysregulation



SARS-CoV-2 spike-related diseases

Main endocrine axis



SARS-CoV-2 spike-related diseases

Endocrinology, metabolism, and omics

Genomics

Transcriptomics

Proteomics

Metabolomics

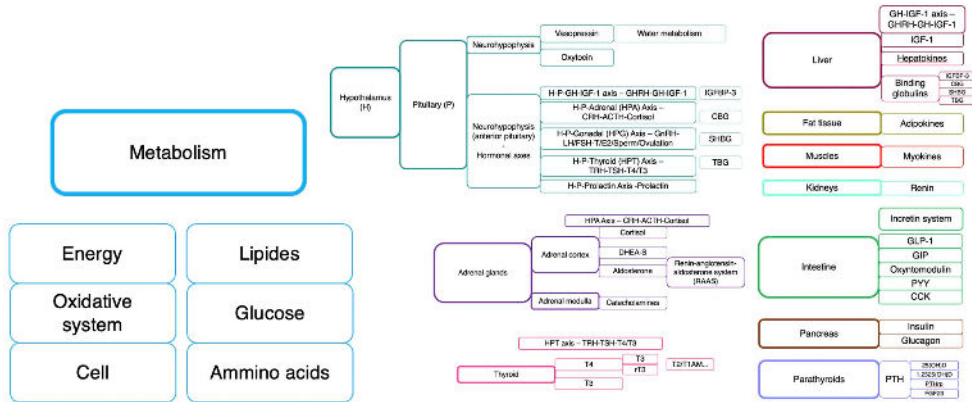
Lipidomics

Glycomics

Secretomics

'Steroidomics'

Secretomics



SARS-CoV-2 spike-related diseases

Endocrinology, metabolism, and omics

Genomics

Transcriptomics

Proteomics

Metabolomics

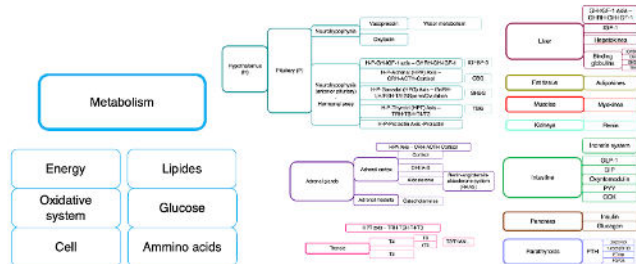
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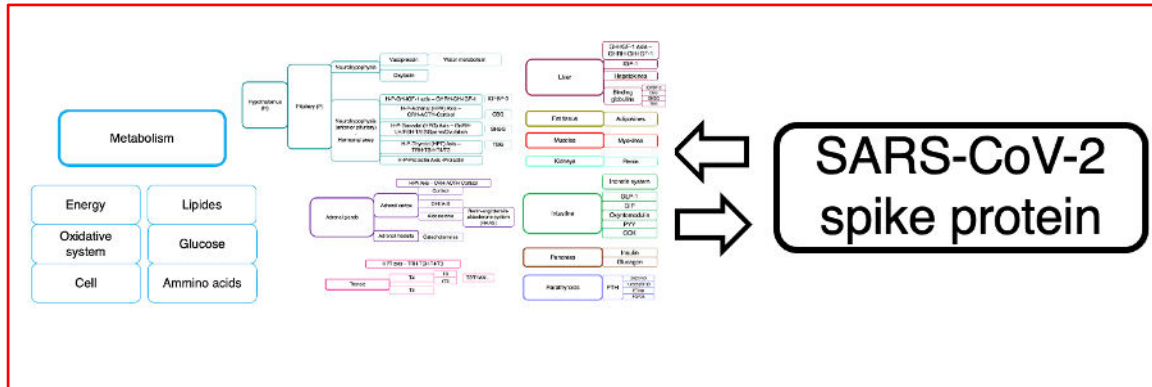


**SARS-CoV-2
spike protein**

“SARS-CoV-2 vaccines could represent new external triggers for autoimmune endocrine diseases (AIED) in patients with individual predisposition.”

SARS-CoV-2 spike-related diseases

Endocrinology, metabolism, and omics



“SARS-CoV-2 vaccines could represent new external triggers for autoimmune endocrine diseases (AIED) in patients with individual predisposition.”

SARS-CoV-2 vaccines-induced diseases – Most documented endocrinopathies

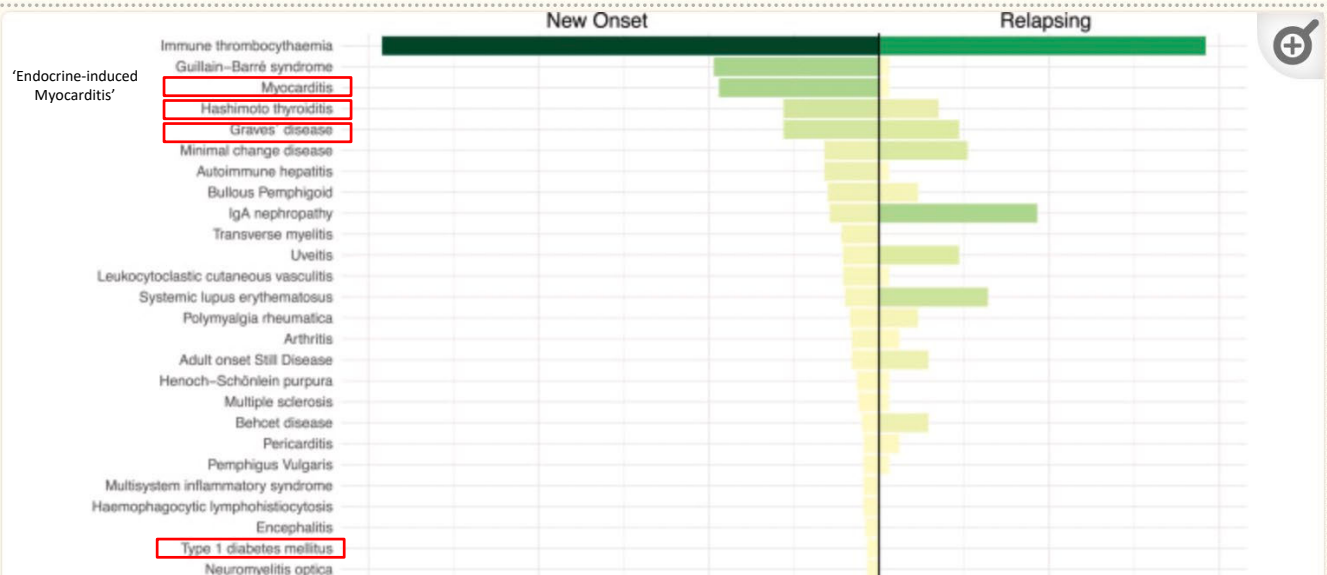


Fig. 6

Distribution of the main documented diseases after COVID-19 vaccination.



HPG axis in males with SARS-CoV-2 spike protein

Hypothalamus

Pituitary

Anterior Pituitary

HPG axis – GnRH-LH/FSH-T/Sperm

SHBG

→ The male genitalia potentially is vulnerable to SARS-CoV-2 infection

→ SARS-CoV-2 mRNA → ↓ GnRH (at all ages) → Multiple consequences

→ Presence of SARS-CoV-2 within semen samples:

1. Direct viral damage
2. Secondary inflammatory response → orchitis
3. Immunologic activation
4. The amount (and persistence) of viral load predicts testicular damage
5. Possible formation of anti-sperm antibodies (ASA) → immunological infertility
6. ↑ Sperm DNA fragmentation

→ ↑ ACE2 signalling in macrophages and mast cells + oxidative stress + inflammation →

Spermatogenesis failure =

1. Abnormal sperm motility
2. DNA fragmentation
3. Male infertility

HPG axis in males with SARS-CoV-2 spike protein

Hypothalamus

Pituitary

Anterior Pituitary

HPG axis – GnRH-LH/FSH-T/Sperm

SHBG

→ Invasion of SARS-CoV-2 spike protein to

1. The spermatogonia → Extensive germ cell destruction, Hyalinization and thickening of the basement membrane of the seminiferous tubules, with lymphocyte infiltration, germ cell apoptosis, thickening of the tunica propria
2. Leydig cells → Scattering, inhibition, inflammation, and fibrosis
3. Sertoli cells → Defoliation, edema, vacuolation, cytoplasmic rarefaction, barrier loss, evident hemorrhage, angiogenesis
→ Sex hormonal alteration + Impaired gonadal function

“Coronavirus-like particles are presente in the cytoplasm of the interstitial cells of the testes”

“Macrophages and spermatogonial cells → The main SARS-CoV-2 lodging sites”

“SARS-CoV-2 maintains its replicative and infective abilities long after the patient’s infection in the testes → Viral sanctuary”

03 months after infection: subfertility resolved (one study) +
< 60 days after infection = ↓16% | > 60 days after COVID-19 ↑ 16% →
Any long-term male infertility issue should be attributed to vaccine

Penis and SARS-CoV-2 spike protein →

1. COVID-19 endothelial dysfunction → erectile dysfunction
2. Extracellular viral particles in the peri-vascular erectile tissue.

HPG axis in males with SARS-CoV-2 spike protein

Hypothalamus

Pituitary

Anterior Pituitary

HPG axis – GnRH-LH/FSH-T/Sperm

SHBG

‘Forcing evidence of safety of SARS-CoV-2 vaccines’

+

‘Forcing evidence of harm with COVID-19 infections’

Review Article | [Open Access](#) | [Published: 27 October 2021](#)

Effects of SARS CoV-2, COVID-19, and its vaccines on male sexual health and reproduction: where do we stand?

Sharon P. Lo, Tung-Chin Hsieh, Alexander W. Pastuszak, James M. Hotaling & Darshan P. Pate

International Journal of Impotence Research **34**, 138–144 (2022) | [Cite this article](#)

48k Accesses | 7 Citations | 206 Altmetric | [Metrics](#)

There is currently no evidence that the vaccine can cause infertility in men or women, damage to the placenta, or lead to miscarriages [58,59,60,61,62,63]. The ASRM states in their COVID-

58. Reuters Staff. False claim: A COVID-19 vaccine will genetically modify humans [Internet]. Reuters; 2020. https://www.reuters.com/article/us-factcheck-covid-19-vaccine-modify/false-claim-a-covid-19-vaccine-will-genetically-modify-humans-idUSKBN2U27B?edition=redistrict&utm_source=redistrict&utm_medium=social&utm_campaign=redistrict. Accessed 8 Jul 2021.

59. COVID-19 vaccines and pregnancy: what you need to know if you're pregnant, trying to get pregnant, or breastfeeding [Internet]. Chicago, IL: UChicagoMedicine; 2021. <https://www.uchicagomedicine.org/forefront/coronavirus-disease-covid-19/mrna-covid-19-vaccine-pregnancy-breastfeeding>. Accessed 8 Jul 2021.

60. Vaccines for COVID-19 [Internet]. Centers for Disease Control and Prevention; 2021. <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/index.html>. Accessed 8 Jul 2021.

61. Heller L. Coronavirus (COVID-19), pregnancy, and breastfeeding: a message for patients [Internet]. American College of Obstetricians and Gynecologists; 2021. <https://www.acog.org/women-health-topics/coronavirus-covid-19-pregnancy-and-breastfeeding>. Accessed 8 Jul 2021.

62. Schive K. I want to get pregnant; should I avoid getting the COVID-19 vaccine? [Internet]. Cambridge, MA: MIT Medical; 2021. <https://medical.mit.edu/covid-19/updates/2021/02/want-to-get-pregnant-should-i-avoid-vaccine>. Accessed 9 Jul 2021.

These are the ‘references’ for the ‘lack of evidence’ that vaccines can affect fertility in the ‘gold-standard review’



Eric Topol
@EricTopol

There is zero evidence that vaccines cause infertility in men (or women) but a new report about Covid and live virus found in testicles: "SARS-CoV-2 infects, replicates, elevates angiotensin II and activates immune cells in human testes"
medrxiv.org/content/10.1101/2021.07.27.21260000v1

HPG axis in males with SARS-CoV-2 spike protein - Summary

Hypothalamus

Pituitary

Anterior Pituitary

HPG axis – GnRH-LH/FSH-T/Sperm

SHBG

Early

1. Semen virus detection

Expected



Late

1. Impaired spermatogenesis

Proposed mechanisms

1. Direct virus effect
2. Seminiferous injuries
3. Reduction in Leydig cells number
4. Inflammation

HPG axis in males with SARS-CoV-2 spike protein - expected

Hypothalamus

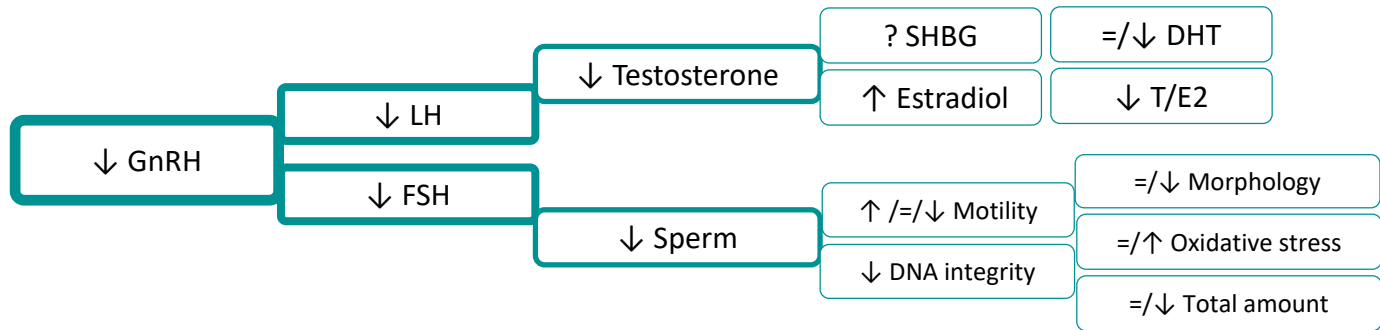
Pituitary

Anterior Pituitary

HPG axis – GnRH-LH/FSH-T/Sperm

SHBG

Predicted (not based on current evidence)



HPG axis in females with SARS-CoV-2 spike protein

Hypothalamus

Pituitary

Anterior Pituitary

HPG axis – GnRH-LH/FSH-Egg/E2/P

SHBG

- COVID-19 infection

→ No influence →

“IVF treatment outcomes and the rate of early pregnancy loss appears to be unaffected by SARS-CoV-2 disease”

“No inflammatory lesions of the endometrium were identified histologically.”

“Fertilization rate, embryo development, and clinical outcomes after embryo transfer were reassuring.”

- Inactivated COVID-19 vaccines →

→ No negative effects were found on female fertility in IUI cycles following exposure to the inactivated COVID-19 vaccine

→ 8.8% menstruation disturbances | 4.6% metrorragia | 1.6% hirsutism → Significant linear correlation with number of doses

→ Endometrial samples did not express SARS-CoV-2 RNA → And spike protein?

HPG axis in females with SARS-CoV-2 spike protein

Hypothalamus

Pituitary

Anterior Pituitary

HPG axis – GnRH-LH/FSH-Egg/E2/P

SHBG

- COVID-19 mRNA vaccines →

↑ Cycle length (Pfizer → 1st dose - 0.50 days and 2nd dose - 0.39 days; Moderna → 1.26 days)

→ If vaccinated with COVID-19 mRNA in the follicular phase →

↑ ↑ Cycle length (Pfizer → 1st dose - 0.97 days and 2nd dose - 1.43 days; Moderna → 2.27 days)

→ Unrelated to symptoms after vaccinations

→ ↓ 7% AMH levels compared to prior to vaccines (ovarian reserve)

→ ↑ FSH (early sign of menopause)

↑ Ala and Pro together + ↓ lipids + ↓ trimethylamine N-oxide (TMAO) in follicular fluids (FFs)

↓ TNF-α recovered COVID-19 symptomatic and SARS-CoV-2 vaccinated women

- Overall SARS-CoV-2 vaccines →

→ 4x higher reported changes in menstrual cycle and menopause in 2021 compared to 2020 → clear influence of the vaccines

Vaccination for COVID-19, menstrual disturbance occurred in 20% of individuals in a UK sample

→ COVID-19 before vaccines was an aggravating factor

→ Oestrogen was a protective factor

1. Wu, Y., Chen, Y., Cai, Y., Xia, Y., Yang, L., Liu, Y., et al. (2020) Effect of intramuscular COVID-19 vaccination on reproductive health status: A retrospective cohort study. *Front Public Health*. 2022 May 12;10:846885. doi: 10.3389/fpubh.2022.846885.
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HPG axis in females with SARS-CoV-2 spike protein

Hypothalamus

Pituitary

Anterior Pituitary

HPG axis – GnRH-LH/FSH-Egg/E2/P

SHBG

	= 221)	= 514)	
Female baseline characteristics			
Age (years)	33.15 ± 3.55	32.11 ± 4.21	< 0.01**
AMH	4.01 ± 3.86	4.48 ± 3.74	< 0.01**
E ₂ on the trigger day	3245.36 ± 2419.23	4290.73 ± 3591.38	0.01*

SARS-CoV-2 mRNA vaccine

- ↓ 10% AMH levels
- ↓ 20% estradiol peak
- ↓ Quality of transferred embryos

mRNA vaccine

	Group I (n = 63)	Group II (n = 100)	Group III (n = 11)	Group IV (n = 380)	Effect size (V or η^2)	p value
Embryo stage at ET, n (%)					0.110	0.10
Cleavage	33 (62.26)	56 (65.12)	5 (55.56)	186 (51.81)		
Blastocyst	20 (37.74)	30 (34.88)	4 (44.44)	173 (48.19)		
Quality of transferred embryos, n (%)					0.144	< 0.05
High	47 (88.68)	68 (79.07)	6 (66.67)	316 (88.02)		

Groups I/II – Innactivated virus

Group III – mRNA vaccine

Group IV – Unvaccinated

HPG axis in females with SARS-CoV-2 spike protein

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HPG axis – GnRH-LH/FSH-Egg/E2/P

SHBG

	SARS-Cov-2 vaccinated	Recovered COVID-19	Control [§]
<i>N.</i> patients	6	5	9
Age (years)	36.2 (4.3)	37.4 (5.9)	36.2 (4.2)
FSH (UI/ml)	6.7 (2.6)	6.5 (3.0)	6.8 (2.0)
AMH (ng/mL)	3.1 (3.1)	2.2 (1.2)	4.3 (4.6)
AFC	11.5 (5.2)	11.4 (5.2)	13.3 (4.2)
Estradiol (pg/mL)	1,828.0 (1,183.5)	1,195.1 (606.2)	1,848.6 (1232.1)
Progesterone (ng/mL)	1.3 (0.9)	1.2 (0.4)	1.3 (0.9)
BMI (kg/m ²)	23.9 (4.1)	24.9 (5.3)	22.4 (3.5)
Follicles monitored	8.3 (2.9)	7.0 (4.6)	11.7 (4.7)
Total oocytes collected	4.8 (1.9)	3.8 (3.1)	9.2 (6.1)
MII oocytes	3.2 (1.0)	3.2 (2.3)	7.0 (5.3)
Zygotes	2.5 (1.4)	2.4 (1.7)	1.6 (0.7)*
Blastocysts	1.5 (1.4)	1.0 (0.7)	1.6 (0.7)*

HPG axis in females with SARS-CoV-2 spike protein

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HPG axis – GnRH-LH/FSH-Egg/E2/P

SHBG

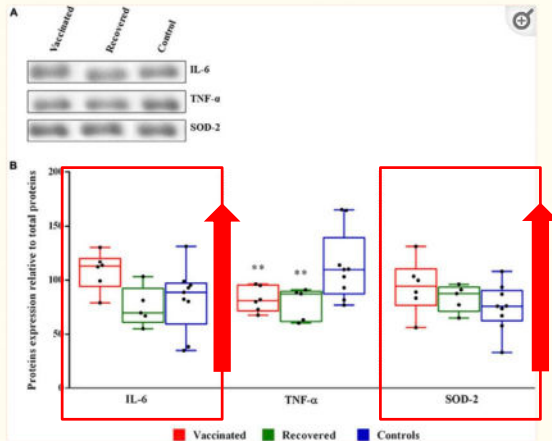


FIGURE 2

Expression level of interleukin-6 (IL-6), tumor necrosis factor- α (TNF- α), and superoxide dismutase 2 (SOD-2) proteins in follicular fluids. (A) Representative western blot of proteins in follicular fluid (FF). (B) Densitometric analysis of the immunoreactive bands performed in three independent experiments. After densitometric analysis, western blot signals of the target proteins are normalized to the total amount of protein in each lane. The box plots show medians and whiskers.

Significance (** $p < 0.01$).

SARS-CoV-2 mRNA vaccine

↑ IL-6 (bad for fertility)

↑ SOD-2 (good for fertility)

HPG axis in females with SARS-CoV-2 spike protein - Summary

Hypothalamus

Pituitary

Anterior Pituitary

HPG axis – GnRH-LH/FSH-Egg/E2/P

SHBG

Early

1. Vaginal fluid positive
2. Increased risk for premature delivery
3. Vertical transmission not confirmed

Late

1. Adverse pregnancy outcomes
2. Adverse perinatal outcomes

Proposed mechanisms

1. Inflammation

HPG axis in females with SARS-CoV-2 spike protein - expected

Hypothalamus

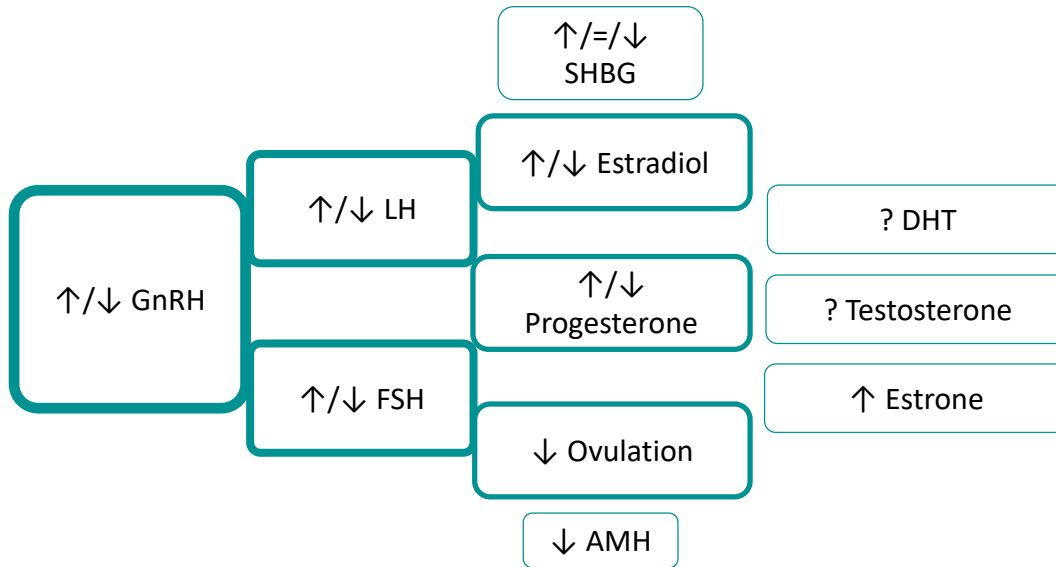
Pituitary

Anterior Pituitary

HPG axis – GnRH-LH/FSH-Egg/E2/P

SHBG

Predicted (not based on current evidence)



HPG axis in females with SARS-CoV-2 spike protein

Hypothalamus

Pituitary

Anterior Pituitary

HPG axis – GnRH-LH/FSH-Egg/E2/P

SHBG



Vaccine

Volume 41, Issue 42, 6 October 2022, Pages 6023–6034



Review

The impact of COVID-19 vaccines on fertility-A systematic review and meta-analysis

D. Zage ^{a,*,} A. E. La Gatta ^{a,} L. Petrella ^{a,} M.L. Di Pietro ^a

Highlights

- Vaccination against SARS-CoV-2 remains an important measure to prevent serious infection.
- Misinformation and doubts regarding the vaccines should be properly addressed.
- Studies published so far report no association between covid19 vaccines and fertility.
- Future studies should focus on longer follow up time, systematic investigation, and representativeness.



So far, there is no scientific proof of any association between COVID-19 vaccines and fertility impairment in men or women. Considering that COVID-19 infection could pose a threat to the human reproductive health, vaccination represents an important choice to prevent adverse COVID-19 outcomes.

HPG axis in females with SARS-CoV-2 spike protein

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HPG axis – GnRH-LH/FSH-Egg/E2/P

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Vaccine
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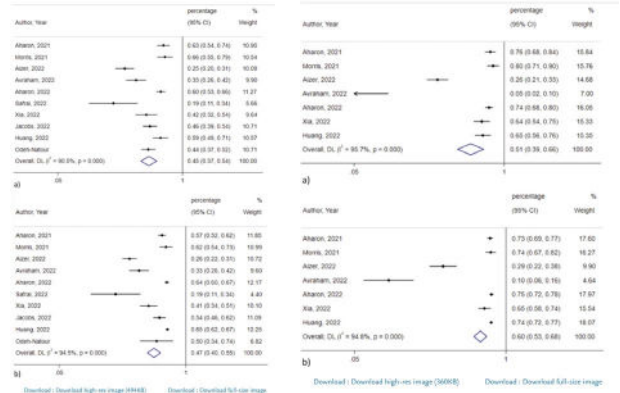


Fig. 5. Clinical pregnancy rate in the a) vaccinated and b) non-vaccinated group.

Fig. 5. Biochemical pregnancy rate in the a) vaccinated and b) non-vaccinated group.

SARS-CoV-2 vaccine

↓ 20% biochemical pregnancy rate

↓ 5% clinical pregnancy rate

Pancreas and SARS-CoV-2 spike protein

Pancreas

Insulin
Glucagon

- SARS-CoV-2 vaccines → potential to impair glucose metabolism
- Post-vaccination immune response
→ Transient worsening of hyperglycemia and hyperglycemic emergencies
- Individual Case Safety Reports (ICSRs) in the European database (Eudravigilance, EV).
- 4275 impaired glucose metabolism events:
Most reported event → "High glucose levels" (n=2012; 47.06%).

Pancreas and SARS-CoV-2 spike protein

Pancreas

Insulin
Glucagon

- mRNA SARS-CoV-2 vaccines →
 - a. ↑86% T1DM (ROR 1.86; 95% CI 1.33-2.60)
 - b. ↑ 58% Type 2 diabetes mellitus (T2DM) (ROR 1.58; 95% CI 1.03-2.42)
 - c. ↑ 16% "High glucose levels" (ROR 1.16; 95% CI 1.06-1.27)
 - d. ↑ 63% "Uncontrolled DM" (ROR 1.63; 95% CI 1.25-2.11)
 - e. ↑ 62% "Hypoglycemia" (ROR 1.62; 95% CI 1.41-1.86)

Compared to viral vector SARS-CoV-2 vaccines.

→ → → mRNA SARS-CoV-2 vaccines → Substantially more harmful to glucose metabolism

- Viral vector and inactivated vaccines →
Severe diabetic ketoacidosis in previously controlled T1DM

Pancreas and SARS-CoV-2 spike protein

Pancreas

Insulin

Glucagon

- Illustrative case reports:

- mRNA vaccine (Moderna) - 73 y/o woman – 8 weeks after - new-onset type 1 diabetes
- mRNA vaccine - 36 y/o woman – 3-10 days later - new-onset type 1 diabetes discovered through diabetic ketoacidosis with negative islet-related autoantibodies
- mRNA vaccine - 58 y/o man - 2 days later (21 days after 1st dose)- Hyperosmolar Hyperglycemic State in non-previous T2DM (Nocturia, polyuria, polydipsia, altered mental status, weight loss
- Viral vector - 3 cases – 50-60 y/o - Exacerbation of hyperglycemia in pre-existing Type 2 Diabetes Mellitus
- 20 patients – 8 mRNA / 12 viral vector - Transient hypoglycemia in T1DM
- mRNA vaccine - Case 1. Insulin + SGLT-2 inhibitor | Case 2. Insulin

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Pancreas and SARS-CoV-2 spike protein - Summary

Pancreas

Insulin

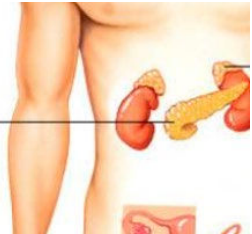
Glucagon

Early

1. Hyperglycemia on admission/during hospitalization
2. New presentation of DM with DKA or hyperosmolarity
3. DM or precipitation of T1DM
4. Aggravation of glycemic control in preexisting DM

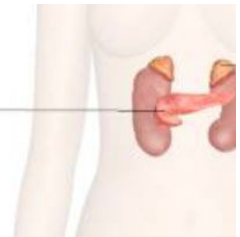
Expected

Acute Pancreatitis
Hyperglycemia
Islet cell destruction
New-onset Type 1 Diabetes
Insulin resistance



Confirmed

New-onset Type 2 Diabetes
Hyperosmolar Hyperglycemic State
Hyperglycemia
Transient hypoglycemia in Type 1 diabetics



Late

1. Permanent dysregulation of glucose homeostasis
2. T1DM or T2DM
3. Alteration of pathophysiology of DM

Pancreas and SARS-CoV-2 spike protein - Summary

Pancreas

Insulin

Glucagon

Proposed mechanisms

1. Pancreatic β -cell loss or malfunction: cytolytic effect of the virus on β -cells
2. Morphological, transcriptional, and functional changes of β -cells by SARS-CoV-2 infection
3. Effect of the virus on exocrine pancreas (pancreatitis)
4. Hyperinflammation/cytokine storm
5. Hypokalemia through reduction of ACE2 expression may decrease insulin secretion
6. Drugs (corticosteroids, antivirals)
7. Cachexia, muscle weakness, rhabdomyolysis lead to decreased insulin sensitivity
8. DPP4 potential SARS-CoV-2 receptor

Thyroid and SARS-CoV-2 spike protein



- Almost 90% of thyroid tissues are affected
- SARS-CoV-2 spike protein → All tissue (seen in autopsies)
- SARS-CoV-2 mRNA (follicular cells)
- Thyroiditis
- Linked to COVID-19 vaccines
- Not linked to COVID-19 infection as per population-based prospective studies
- ACE-2, TMPRSS-2, and furin (main proteins for SARS-CoV-2 cell entry)
- Previously: Not described on the thyroid
- Now: SARS-CoV-2 receptors are ubiquitously present

Thyroid and SARS-CoV-2 spike protein



Mechanisms of thyroid dysfunction with SARS-CoV-2 spike protein:
(mRNA and viral vector vaccines)

1. Molecular mimicry:

- a. Genetic similarity or homology with a sequences of thyroid peoxidase (TPO) + human leucocytes antigen (HLA) genes →
- b. Cross-reaction with thyroid antigens in follicular cells + alteration of HLA structure and function →
- c. Mitochondrial damage + immune-mediated destruction of the thyroid follicular cells →
- d. Thyroid dysfunctions.

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Thyroid and SARS-CoV-2 spike protein



Mechanisms of thyroid dysfunction with SARS-CoV-2 spike protein:

2. Autoimmune/inflammatory syndrome induced by adjuvants (ASIA) (described in 2011 by Shoenfeld and Agmon-Levin):

a. Resulted from the dysregulation of immune system following exposure to adjuvants.

Adjuvants →

b. Enhancement of the immunogenicity of vaccines →

c. Increase of both innate and adaptive immune responses →

d. Formation of autoantibodies +

e. Local and systemic inflammation

Thyroid and SARS-CoV-2 spike protein



Causes:

- (Inactivated vaccine – CoronaVac) Aluminium hydroxide or aluminium salts
- (Viral vector – AZ) Polysorbate 80
- (mRNA vaccine) Polyethylene glycol (PEG) lipid conjugates (to stabilise the lipid nanoparticles)
- Oil-in-water emulsion

Previously described:

1. Type 1 diabetes mellitus | 2. Primary ovarian failure | 3. Adrenal insufficiency | 4. Autoimmune thyroid diseases

In: 1. HPV | 2. Influenza | 3. Hepatitis B vaccines → And now, after Covid-19 vaccines.

Thyroid and SARS-CoV-2 spike protein



Mechanisms of thyroid dysfunction with SARS-CoV-2 spike protein:

3. Genetic predisposition:

Full spectrum of autoimmune with personal and/or family history of autoimmune disorders - genetic predisposition

“Despite a mass immunisation campaign against Covid-19 infection, thyroid adverse effects appear to be rare” → “Rare” or rarely diagnosed?

- a. T lymphocytes → Excessively sensitised to the TSH receptor antigen and vaccines
- b. B lymphocytes → Produce and secrete autoantibodies against the TSH receptor → Graves disease

Thyroid and SARS-CoV-2 spike protein



- SARS-CoV-2 vaccines: 48 new diagnoses of Graves Diseases (GD) and 15 recurrences or relapses
- mRNA or viral vector SARS-CoV-2 vaccines (inactivated virus vaccines seem to be safe for GD) - higher immunogenicity with cross-reactivity?
- Other triggered thyroid diseases:
 1. Painful thyroiditis (Quervain)
 2. Subacute thyroiditis,
 3. Co-occurrence of subacute thyroiditis and Graves' disease

How to differentiate subacute thyroiditis from GD?

- fT4 → higher in GD (p = 0.001)

- Thyrotoxicosis within a few days of the 1st dose of SARS-CoV-2 vaccines → Aggravation of a chronic (previously undiagnosed) autoimmune thyroiditis

Thyroid and SARS-CoV-2 spike protein



• Illustrative case reports:

- Viral vector vaccine (AZ) - 4 days after - 1st dose (2 previous doses of inactivated virus vaccine) - 0 y/o Woman - Decompensation of a previously pharmacologically controlled Graves Diseases that did not respond to high doses of methimazole
- mRNA vaccine (Pfizer) – a few days later - 2 cases of Graves' Ophthalmopathy (GD) relapse
- Attenuated virus vaccine (CoronaVac) – 3 females 34-37 y/o - Subacute Thyroiditis (secondary to ASIA syndrome) (+ Recurrent myalgia and neck pain in patient 2)
- 1 mRNA, 1 viral vector, 1 unknown - 3 additional cases of subacute thyroiditis

Srinivasan C. Aggravation of hyperthyroidism after heterologous prime-boost immunization with inactivated and adenovirus-vectored SARS-CoV-2 vaccine in a patient with Graves' disease. *Endocrine*. 2021 Nov;74(2):226-227. doi: 10.1007/s12020-021-02879-8.

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Yemli B G, Sencul S N, Unluturk U. Three Cases of Subacute Thyroiditis Following SARS-CoV-2 Vaccine: Post-vaccination ASIA Syndrome. *J Clin Endocrinol Metab*. 2021;106:2650-2655. doi: 10.1210/clinem/abab373.

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Thyroid and SARS-CoV-2 spike protein - Summary



Expected



Subacute Thyroiditis
Thyrotoxicosis
Graves' Disease
Hashimoto Thyroiditis

1. Low T3 concentrations
2. Thyrotoxicosis
3. Subacute thyroiditis

Late

1. Low T3 concentrations
2. Low TSH concentrations
3. Hypothyroidism

Confirmed



Subacute Thyroiditis
Graves' Disease

Thyroid and SARS-CoV-2 spike protein - Summary



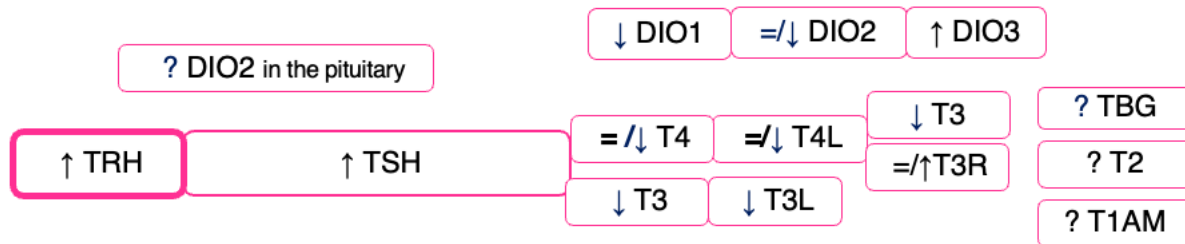
Proposed mechanisms

1. Direct virus effect on follicular cells
2. Immune mechanisms
3. Euthyroid sick syndrome
4. Hypothalamic-pituitary dysfunction due to edema and neuronal degeneration
5. Drugs (glucocorticoids, heparin)

Thyroid and SARS-CoV-2 spike protein - Summary



Predicted (not based on current evidence)



SARS-CoV-2 reservoir/sanctuary? (speculative)

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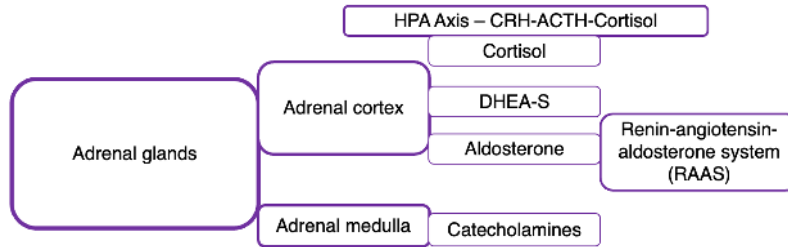
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Adrenal glands and SARS-CoV-2 spike protein

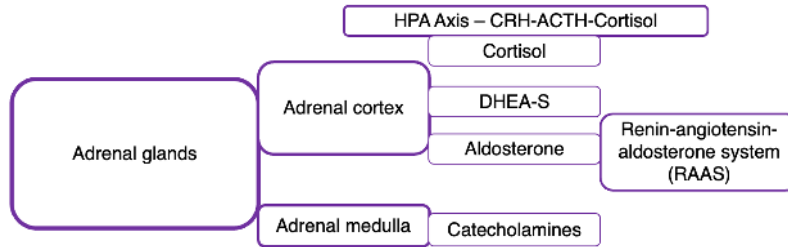


The adrenal glands are a prominent target for SARS-CoV-2 and ensuing cellular damage, which could trigger a predisposition for adrenal dysfunction.

Mechanisms →

1. Inflammation
2. Inflammatory cell death
3. Widespread microthrombosis
4. Severe direct adrenal injury.
5. Reduction of cortisone (increased 11betaHSD-type 1 activity)
6. Induction of adrenalitis.

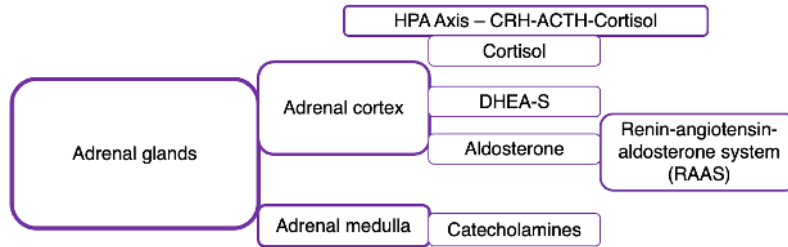
Adrenal glands and SARS-CoV-2 spike protein



- SARS-CoV-2 spike protein entry
 - ACE2 → ++ adrenal cortical cells | +++ intervening capillaries
 - TMPRSS2 → + adrenal cells
- SARS-CoV-2 spike protein + mRNA →
45% to 100% of subjects with severe COVID-19

And SARS-CoV-2 mRNA vaccine?

Adrenal glands and SARS-CoV-2 spike protein



- Specific features:

1. No vascular endothelialitis | No microthrombosis in pre-capillary in COVID-19 infection

2. Microthrombi in capillary → 58%

3. Ischemia or hemorrhage in adrenal córtex or medulla → 16%

4. Disruption of the adrenal zonation → 100%

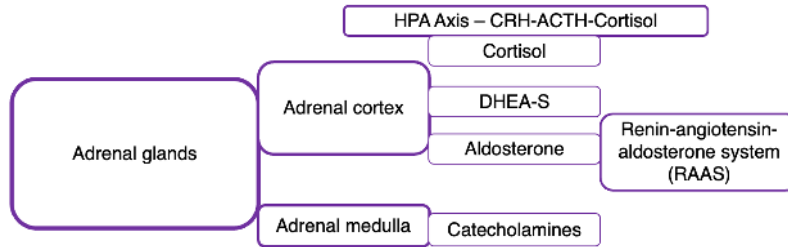
5. Disruption of the adrenal metabolism → 100%

6. Numerous SARS-CoV-2 virus-like particles

7. Direct necroptosis activation in adrenocortical cells

→ Necroptosis activation in adrenomedullary cells → Exclusive to SARS-CoV-2 vaccies?

Adrenal glands and SARS-CoV-2 spike protein



Adrenal insufficiency → Several weeks after COVID-19

→ Late-onset of adrenal insufficiency

1. Persisting dysregulation of the HPA axis*
2. Reactivation of latent viral infections
3. Autoimmune response
4. High molecular similarity between SARS-CoV-2 peptides and ACTH

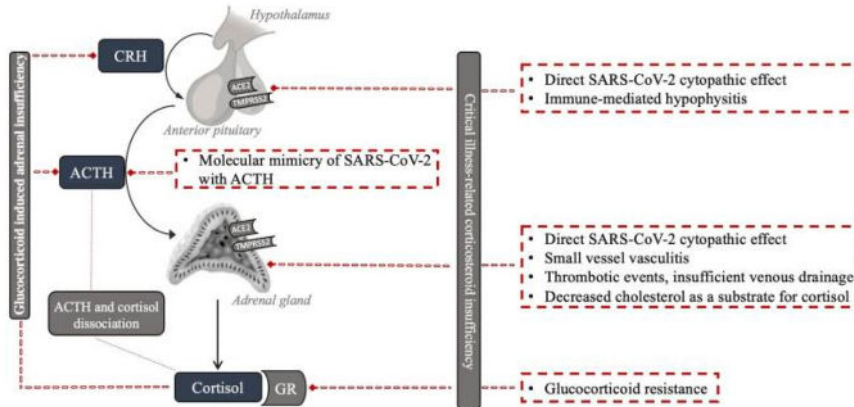
→ → → Triggered | Enhanced by mRNA SARS-CoV-2 vaccines

Adrenal glands and SARS-CoV-2 spike protein

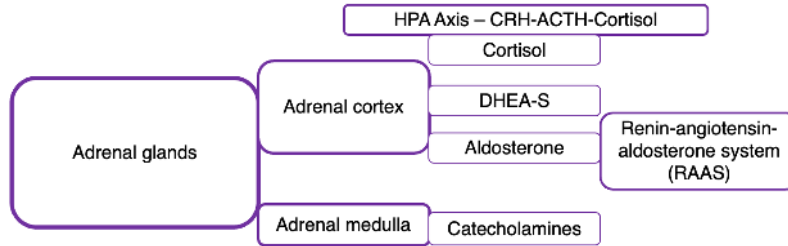
*Additional harm caused in the HPA axis – disruption of the system:

1. Increased cortisol/cortisone ratio
2. Impaired post-receptor signaling
3. Resistance of cortisol receptors
4. Dissociation of ACTH and cortisol regulation
5. IL-6 (replaces ACTH) →

Stimulates cortisol without influencing DHEA and aldosterone



Adrenal glands and SARS-CoV-2 spike protein



Illustrative case reports → Bilateral Adrenal Hemorrhage + VITT + adrenal insufficiency

1. Viral vector (AZ) – 8 days after 1st dose 38 y/o male
2. Viral vector (AZ) – 8 days after 1st dose – 55 y/o female
3. Viral vector (AZ) – 16 days after - 23 y/o woman - overt and unrecovered adrenal insufficiency
High anti-spike titre and positive anti-nucleocapsid titres for SARS-CoV-2 – post-COVID vaccination?
4. Viral vector (JJ) – 10 days after - 39 y/o
5. Viral vector (AZ) – 10 days after - 47 y/o man - overt adrenal insufficiency
6. mRNA vaccine – hours after 2nd dose – worsening of secondary adrenal insufficiency

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Adrenal glands, SARS-CoV-2 spike protein, and myocarditis

REVIEW ARTICLE  PEER-REVIEWED

 PDF

Catecholamines Are the Key Trigger of COVID-19 mRNA Vaccine-Induced Myocarditis: A Compelling Hypothesis Supported by Epidemiological, Anatomopathological, Molecular, and Physiological Findings

Flavio A. Cadegiani 

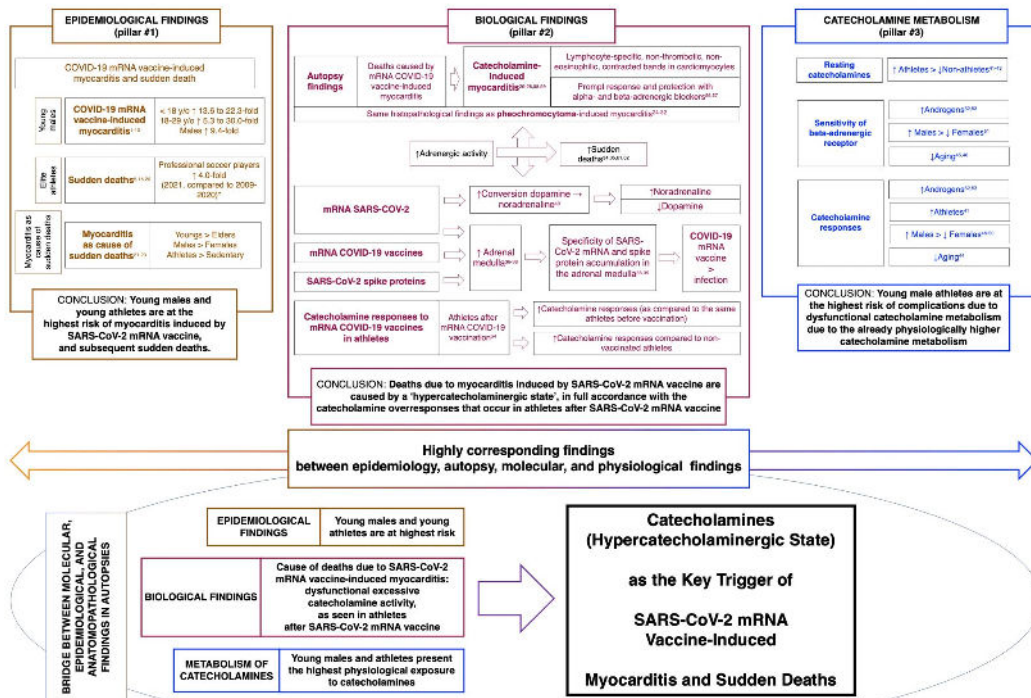
Published: August 11, 2022 ([see history](#))

DOI: 10.7759/cureus.27883

Cite this article as: Cadegiani F A (August 11, 2022) Catecholamines Are the Key Trigger of COVID-19 mRNA Vaccine-Induced Myocarditis: A Compelling Hypothesis Supported by Epidemiological, Anatomopathological, Molecular, and Physiological Findings. Cureus 14(8): e27883. doi:10.7759/cureus.27883

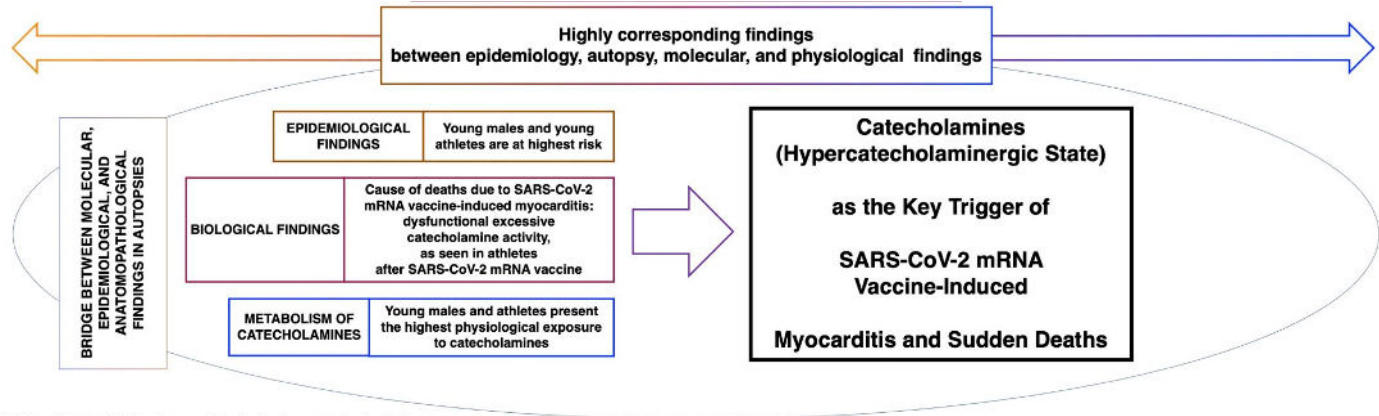
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2022

Adrenal glands, SARS-CoV-2 spike protein, and myocarditis



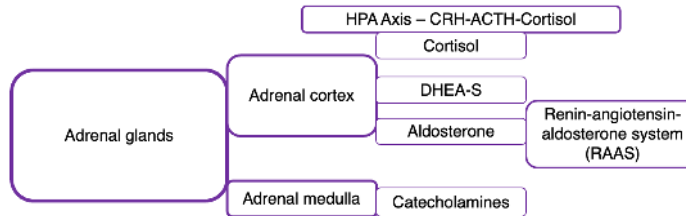
All data contained in this figure is supported by the literature and can be found in the corresponding references

Adrenal glands, SARS-CoV-2 spike protein, and myocarditis



All data contained in this figure is supported by the literature and can be found in the corresponding references.

Adrenal glands and SARS-CoV-2 spike protein - Summary



Expected



Adrenal Insufficiency

Early

1. Possible adrenal insufficiency

Later

1. Possible adrenal insufficiency

Confirmed

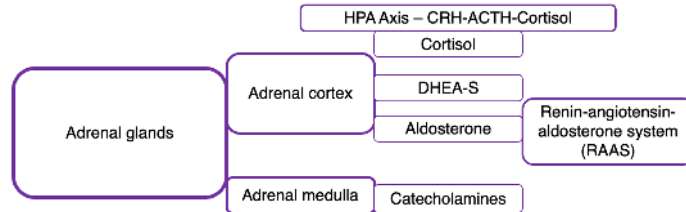


Vaccine-induced thrombosis and thrombocytopenia
Adrenal hemorrhage

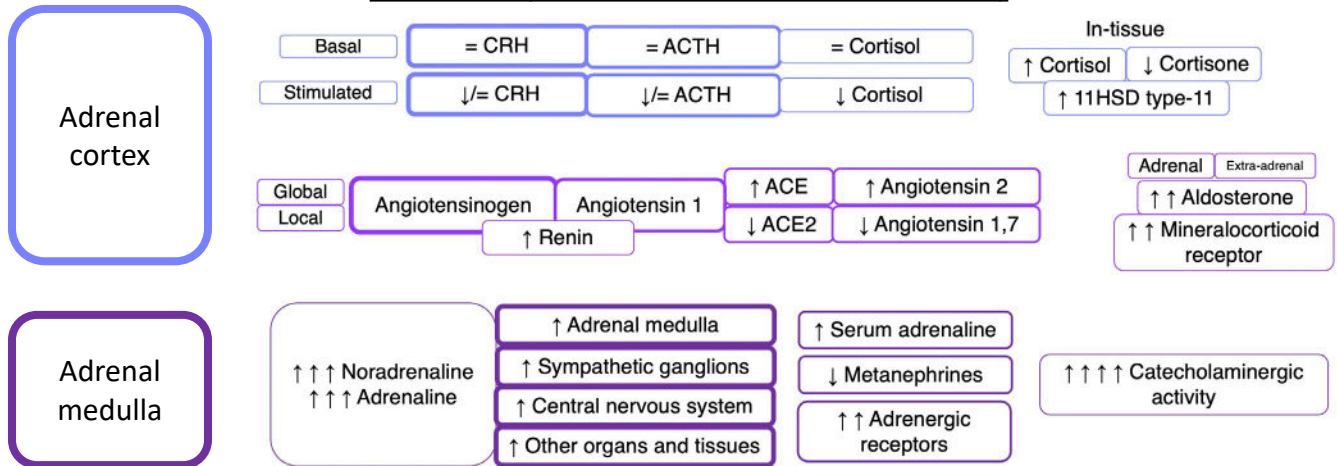
Proposed mechanisms

1. Adrenal hemorrhage
2. Adrenal micro-infarction
3. Ischemic necrosis
4. Adrenalitis

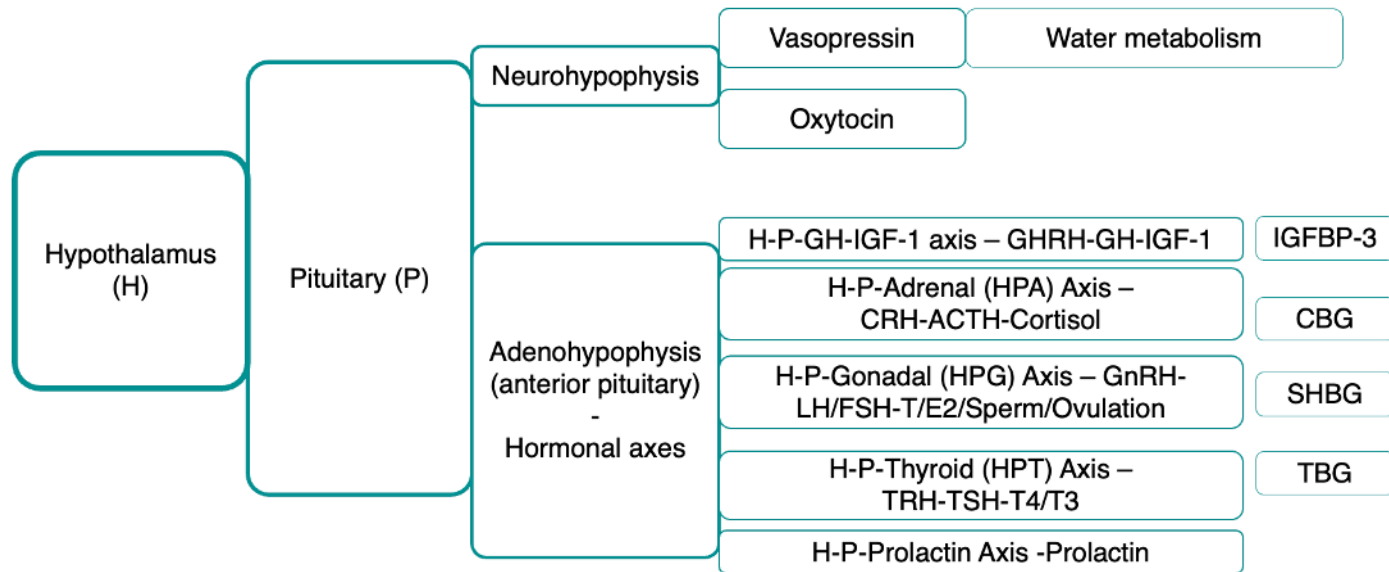
Adrenal glands and SARS-CoV-2 spike protein - Expected



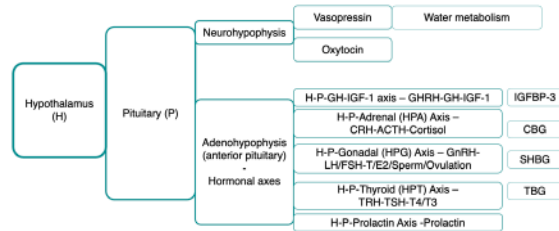
Predicted (not based on current evidence)



Pituitary and SARS-CoV-2 spike protein



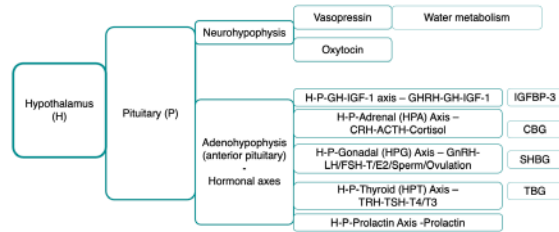
Pituitary and SARS-CoV-2 spike protein



- Pituitary disorders → challenges for the diagnoses

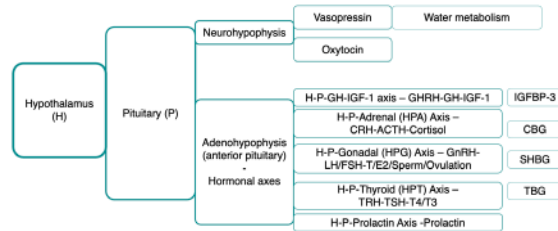
- Centrally located hormonal disturbances are harder to be biochemically detected – less frank alterations in exams
- Slowly progressive conditions
- Only detectable through basal biochemistry (i.e., not stimulated, not using functional tests) when severely affected
- Non-specific manifestations

Pituitary and SARS-CoV-2 spike protein



- SARS-CoV-2 spike protein →
- Detected in 61% of subjects exposed, in both neuro- and adenohypophysis
- Impacts in both hypothalamus and pituitary through:
 1. Direct cytopathic effects
 2. Immune-mediated inflammation
 3. Small vessel vasculitis
 4. Microthrombotic events

Pituitary and SARS-CoV-2 spike protein



- SARS-CoV-2 spike protein →

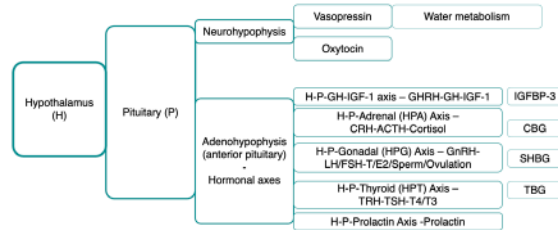
- Causes hypophysitis – long-term consequences unknown

- Suppression of mRNA transcripts of pituitary hormones and pituitary developmental/regulatory genes – IRRESPECTIVE of COVID-19 infection

- Agonist or antagonist that suppresses gonadotrophs through ACE2 - suppressed LH secretion (both basal and stimulated by GnRH) and GnRH-stimulated FSH secretion.

- Activates ACTH (corticotrophs) through ACE2 → Disrupted circadian cycle, increased accumulated cortisol release, and all the consequences

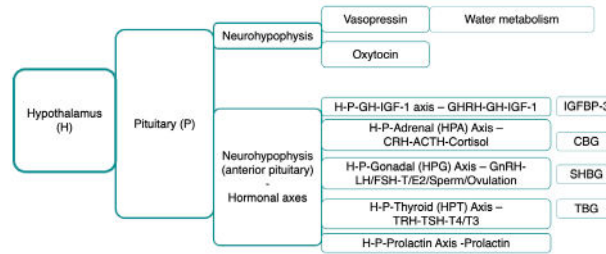
Pituitary and SARS-CoV-2 spike protein



• Illustrative case reports:

- Undetermined vaccine - 48 y/o woman - 2 days later - Diabetes *insipidus* (flu-like symptoms, headache, myalgia, polydipsia, and polyuria) - thickening of the pituitary stalk persisted after 03 months
- mRNA vaccine (Pfizer) - 31 y/o man – 2nd dose – 4 days later – isolated secondary adrenal insufficiency - atrophic pituitary gland (general fatigue, fever, headache, nausea, diarrhea, slight disorientation, hyponatremia, hypoglycemia – Undetectable ACTH and and extremely low cortisol)
- Viral vector vaccine (AZ) - 37 y/o woman - 5 days later – adenohypophysis hemorrhagic bleeding and possible 10 mm intraglandular adenoma - (high-intensity frontal headache)
- Viral vector vaccine (AZ) - 28 y/o woman - long-lasting tension-type headache, hyperprolactinemia and menstrual changes

Pituitary and SARS-CoV-2 spike protein - Summary



Expected

Panhypopituitarism
 Pituitary Apoplexy
 Central Diabetes Insipidus
 Syndrome of Inappropriate
 Antidiuretic Hormone



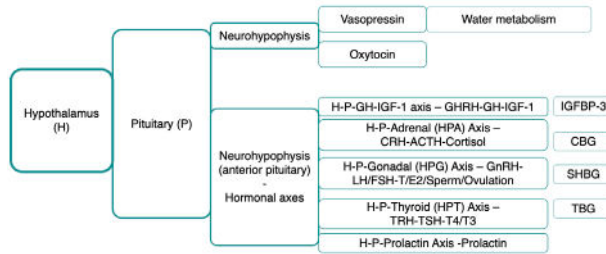
Early

1. Possible hyponatremia

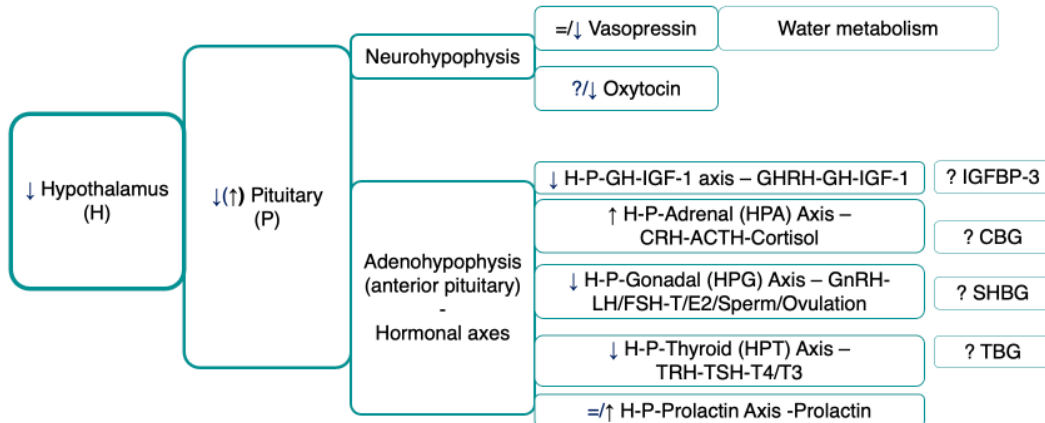
Proposed mechanisms

1. Possible inappropriate antidiuretic hormone secretion syndrome

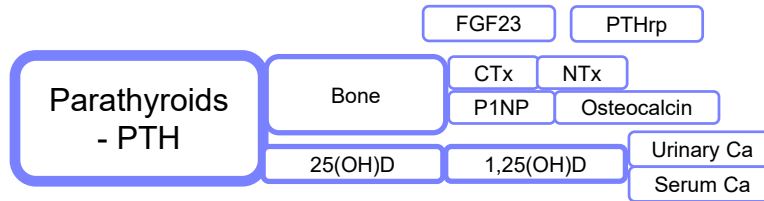
Pituitary and SARS-CoV-2 spike protein - Expected



Predicted (not based on current evidence)



Parathyroid, vitamin D, calcium and bone, and SARS-CoV-2 spike protein



SARS-CoV-2 spike protein →

- Present in the parathyroids
- Potentially interferes in the vitamin D receptor (VDR)
- Directly and indirectly (through reduction of PTH) reduces 1 α -reductase activity → Reduction of activation of vitamin D (25(OH)D → 1,25(OH)D)
- Functional hypoparathyroidism

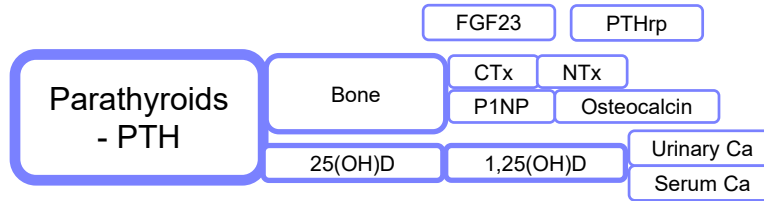
Effects →

- Not dependent on vitamin D status
- Exacerbated or triggered by low vitamin D status

Main manifestations →

- Hypocalcemia + hyperphosphatemia
- Chronic fatigue (fluctuable), weakness
- Vertebral fractures
- Immunologic disorders and immunesuppression
- Viral reactivation

Parathyroid, vitamin D, calcium and bone, and SARS-CoV-2 spike protein - Summary



Expected



Early

1. Complicated recovery in patients with vitamin D deficiency and hypocalcemia
2. Vertebral fractures

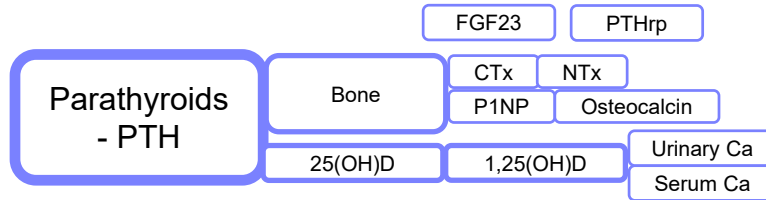
Late

1. Vitamin D deficiency
2. Increased PTH

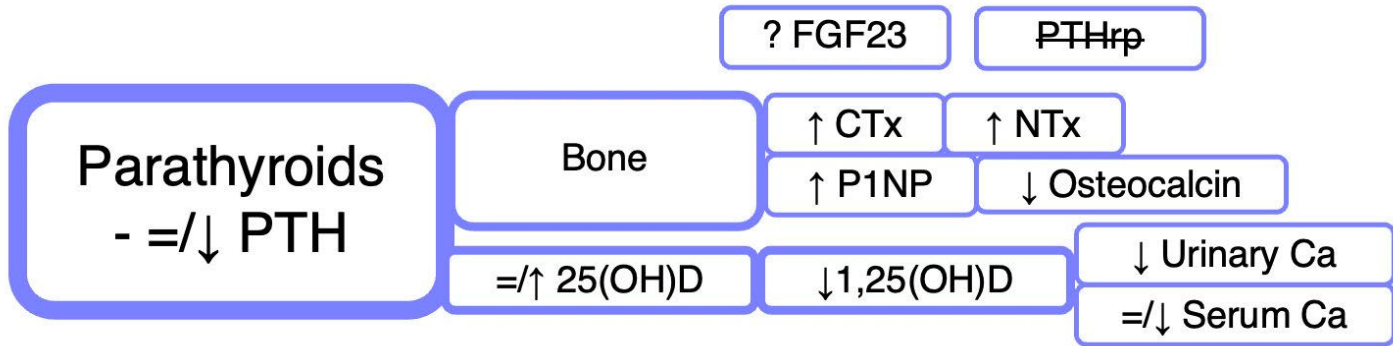
Proposed mechanisms

1. Home isolation and low sun exposure during lockdowns

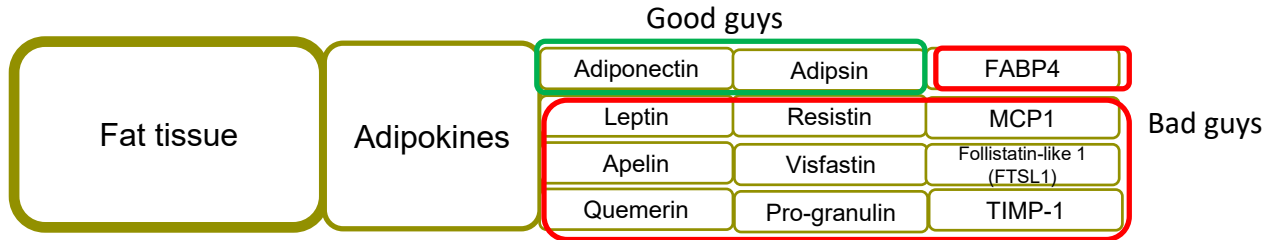
Parathyroid, vitamin D, calcium and bone, and SARS-CoV-2 spike protein - Expected



Predicted (not based on current evidence)



Fat tissue and SARS-CoV-2 spike protein



SARS-CoV-2 spike protein (speculative) →

- Increase of pro-inflammatory adipokines and reduction of anti-inflammatory adipokines for a determined type and adipocyte volume
- Reduces lipogenesis and adipogenesis in subcutaneous fat →
- Predisposition for hypertrophy of ectopic, dysfunctional adipocyte

Effects →

- Exacerbation of metabolic diseases
- Increased risks in the presence of metabolic diseases
- Increased mortality due to:
 1. Cardiovascular diseases
 2. Diabetes
 3. Cancer
 4. Dementia (among > 200 other diseases)

Fat tissue and SARS-CoV-2 spike protein - Expected

Good guys

Adiponectin Adipsin FABP4

Leptin Resistin MCP1

Apelin Visfastin Follistatin-like 1 (FTSL1)

Quemerin Pro-granulin TIMP-1

Bad guys

Fat tissue

Adipokines

Predicted (not based on current evidence)

Fat tissue

Adipokines

↓ Adiponectin

↓ Adipsin

↑ FABP4

↑ Leptin

↑ Resistin

↑ MCP1

↑ Apelin

↑ Visfastin

↑ Follistatin-like 1 (FTSL1)

↑ Quemerin

↑ Pro-granulin

↑ TIMP-1

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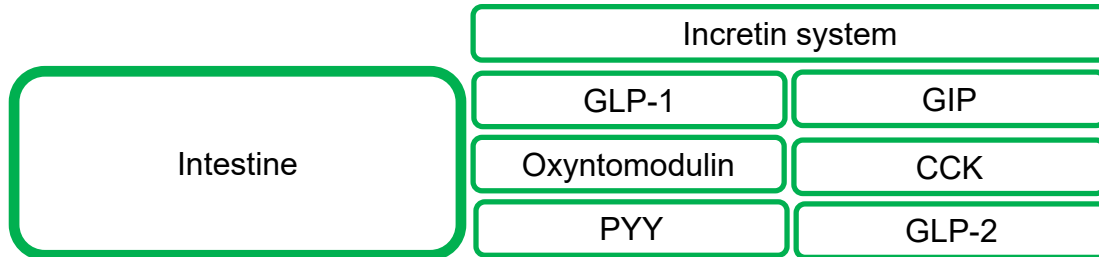
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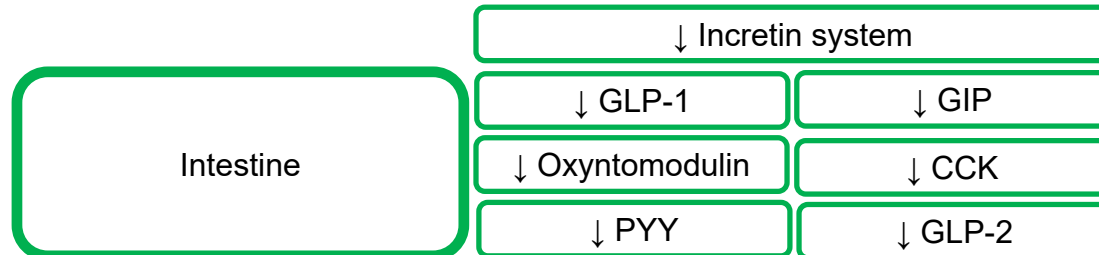
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Incretin system and SARS-CoV-2 spike protein - Expected



SARS-CoV-2 spike protein (speculative) →

- Present in L and K cells in the intestine → dysregulation
- Reduction of GLP-1, GIP, and other incretins in response to meal
- Reduction of pancreas and body sensitivity to incretins
- (Disastrous) Consequences of a 'global incretin reduction'



Muscles and SARS-CoV-2 spike protein - Expected



SARS-CoV-2 spike protein (speculative) →

- Vastly present in all types of muscles and locations
- Reduction of its functionality
- Potential reduction of exercise-induced irisin secretion and basal DEL-1
- Potential acceleration of the process of muscle loss → Early, severe sarcopenia
- Multiple consequences of sarcopenia



SARS-CoV-2 spike protein and Endocrinologic dysfunctions – Practical approach

Level (0-10)	Short term	Long term	Likelihood	Relevance	Level of priority
Male hypogonadism	5	7	5	8	7
Male infertility	3	9	6	10	10
Early menopause	4	8	6	10	10
Female infertility	3	6	4	10	10
Type 1 diabetes	7	4	5	7	7
Type 2 diabetes	2	8	6	9	10
Diabetic complications	6	7	6	8	6
Graves disease	8	1	3	2	1
Hashimoto's disease	3	6	6	7	7
Hypothyroidism	1	6	5	8	7
Impaired T4-T3 conversion	5	3	8	5	5
Thyroid cancer	0	3	2	6	3
Adrenal insufficiency	5	6	2	8	4
'Pseudocushing'	3	5	3	4	6
RAAS-related conditions	4	7	6	8	8
Catecholaminergic hyperactivity	9	5	8	8	8
Growth Hormone (GH) deficiency	2	7	5	9	4
Panhypopituitarism	3	5	3	9	4
'Functional' hypoparathyroidism	6	3	8	7	10
Low active vitamin D	8	3	8	9	10
Dysfunctional fat tissue	1	6	8	9	9
Sarcopenia	3	7	8	8	10

SARS-CoV-2 spike protein and Endocrinologic dysfunctions – Practical approach

	When	Blood work	'Treatment'
Male hypogonadism	Suspected	LH, testosterone, SHBG, estradiol	Testosterone therapy
Male infertility	Selected	Sperm analysis	Clomiphene, HCG, recombinant FSH
Early menopause	Suspected	LH, FSH, estradiol	E2 +P therapy
Female infertility	Selected	AMH, follicle counting	Multiple (protocols)
Type 1 diabetes	Suspected	Fasting glucose/insulin/peptide C, OGTT, HbA1c, anti-GAD, -insulin, -ICA512	Insulin (off-label: GLP1a, SGLT2i)
Type 2 diabetes	Screening	Fasting glucose, OGTT, HbA1c	Diet, exercise, metformin, GLP1a, SGLT2i
Diabetic complications	Screening*	24h urine, ENMG, retinography	Glucose control
Graves disease	Suspected	TSAb, TSI, TSH, thyroid scintigraphy	Methimazole, iodotherapy
Hashimoto's disease	Screening?	Anti-TPO, anti-tireoglobulin	Levothyroxine, liothyronine, vit D, selenium
Hypothyroidism	Screening?	TSH, T4/ft4, T3/ft3	Levothyroxine, liothyronine, selenium
Impaired T4-T3 conversion	Selected	T3/T4 ratio, rT3/T3 ratio	Liothyronine
Thyroid cancer	Suspected	Thyroid/cervical ultrasonography	Surgery, + iodotherapy
Adrenal insufficiency	Suspected	Basal cortisol/ACTH, cortisol stimulation test	Hydrocortisone, fludrocortisone
'Pseudocushing'	Suspected	Post-dex cortisol, 24h-UFC, 11PM salivary cortisol	Ketoconazole, metformin
RAAS-related conditions	Clinical**	Renin, aldosterone	Spironolactone
Catecholaminergic hyperactivity	Suspected	Plasma/urinary catecholamines/metanephrines	Alpha- and beta-blockers
Growth Hormone (GH) deficiency	Suspected	IGF-1, GH stimulation test	GH, GHRH analogue
Panhypopituitarism	Suspected	ACTH/cortisol, IGF-1, TSH/T4?T3, LH/FSH/E2/T	Hydrocortisone, T4, T3, T or E2/P, GH
'Functional' hypoparathyroidism	Assumed	25(OH)D, 1,25(OH)D, serum Ca, PTH, DEXA	Calcifediol, calcitriol, cholecalciferol, Ca
Low active vitamin D	Assumed	25(OH)D, 1,25(OH)D, serum Ca, PTH	Calcifediol, calcitriol, cholecalciferol
Dysfunctional fat tissue	Assumed	Adiponectin, leptin, IL-6, hsCRP	Diet, exercise, anti-obesity interventions
Sarcopenia	Assumed	BIA, DEXA	High-protein diet, resistance exercise, hormone therapy>

'Treatment' = not considering preventing approaches

Overall treatments in and SARS-CoV-2 spike-induced diseases that affects the endocrine system

1. Melatonin – multiple benefits in overall hormone regulation and metabolism
2. Oxytocin – mood disorders, fatigue, potentially including hormonal dysfunctions
3. LD naltrexone – multiple regulatory actions
4. Fludrocortisone, extended/dual-release hydrocortisone - Selected cases when not in overt adrenal insufficiency
5. DHEA
6. Tadalafil + L-arginine
7. Nandrolone, oxandrolone – sarcopenia, severe fatigue
8. Optimization of hormonal therapies
9. High-dose methylfolate + methylB12 + B6
10. LD lisdexamfetamine - Selected, refractory cases
11. Calcefidiol, calcitriol
12. Thiocctic acid
13. Iron
14. Rhodiola rosea
15. Ashwaganda (*Withania somnifera*)
16. Vitamin C
17. Ginseng
18. Beta-alanine | HMB
19. 5-HTP
20. GABA
21. High-dose CoQ10
22. Probiotics (+ support to consolidate and maintain a healthy gut microbiota)
23. High-dose multisalt magnesium
24. Ozone?
25. Hydroxychloroquine?
26. Ivermectin?
27. Compounded intranasal ivermectin?
28. Ozone?
29. Intravenous high-dose amino acids?

Overall treatments in and SARS-CoV-2 spike-induced diseases that affects the endocrine system

- [illegible]



THANK YOU

